



Recovery Coach Academy Application

Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email _____

Tell us a little bit about yourself:

Describe your motivation for wanting to take this training and/or become a recovery coach.

Are you currently employed in the field of addiction recovery? If so, what do you do and where?

What experience/skills do you have that would be helpful to you in supporting others and their recovery?

What is your lived experience with addiction recovery?

Are you interested in volunteering locally as a recovery coach?

Please return application to scross@nbccoalition.org or mail to nbCC, 61 Main Street, Suite 218, North Adams, MA 01247 Attention: Susan Cross

~ Recovery Coach Academy ~

May 20 – May 24 from 8:30am – 4:00pm

The Holiday Inn, 40 Main Street, North Adams, MA 01247

Please e-mail the RECOVERY COACH ACADEMY APPLICATION to scross@nbccoalition.org or
mail to

Susan Cross c/o nbCC
61 Main Street, Suite 218, North Adams, MA 01247

FEE for the 5-day training: Agency Employees \$100.00; Members of the community \$25.00*

*Please let us know if this is a hardship. We want everyone to be able to attend the training.

Once your application has been reviewed, we will contact you with registration and payment information.

Coffee, water, snacks, and lunch will be provided daily. Please show up 30 minutes prior to the event start on the first day of training. ALL classes must be attended from beginning to end in order to receive full credit. NO exceptions can be made. Timeliness is of utmost importance. Trainings will begin promptly at 9 am and end at 4pm. Please call Susan Cross at 413-663-7588 ext 29 if you have any questions:

The Recovery Coach Academy will include the following:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase awareness of culture, power and privilege
- Address ethical and boundary issues
- Experience recovery wellness planning
- Practice newly acquired skills

Facilitated by Linda Sarage

Linda Sarage has been in recovery for over 35 years and is a passionate advocate for the peer recovery movement. Linda is the former director of the RECOVER Project, a peer recovery support center in Greenfield, MA. Linda has supported recovery coaching statewide as a consultant with MA/DPH Bureau of Substance Addiction Services and is a lead trainer for the Recovery Coach Academy and Ethical Considerations for Recovery Coaches. Currently, Linda provides technical assistance to recovery community organizations locally and nationally. She is the director of the Addiction Recovery Coach Certificate program at Westfield State University.