

# Northern Berkshire Community Resource Guide

## March 2018

*Finding help for your neighbor or another community member can be difficult and time consuming. Although there is often help available for most situations, finding the right community resource to fit that situation can be difficult. This guide outlines local resources that will assist you in supporting others. These agencies and programs have a common goal of helping people in our community and can be accessed directly. If you need further help or advice, call one of the agencies on the back to help you get started.*



This resource guide is brought to you by:



Northern Berkshire Community Coalition

## Table of Contents

|  |                    |
|--|--------------------|
| Adult Education/Literacy and Training.....       | 3                  |
| Disability Services.....                         | 4                  |
| Elders/Older Adults .....                        | 5                  |
| Employment .....                                 | 7                  |
| Families - Parents and Children.....             | 8                  |
| Financial Assistance.....                        | 10                 |
| Food .....                                       | 11                 |
| Health & Wellness .....                          | 13                 |
| Heating and Energy Programs .....                | 14                 |
| Housing .....                                    | 15                 |
| Immigrants .....                                 | 16                 |
| Information Services.....                        | 16                 |
| Legal and Consumer Services .....                | 17                 |
| Mental Health/Counseling .....                   | 17                 |
| Pets.....  | 19                 |
| Police.....                                      | 19                 |
| Pregnancy/Family Planning/Sexual Health.....     | 20                 |
| Protective and Hotline Services .....            | 20                 |
| Substance Use Support/Recovery - Alcohol .....   | 21                 |
| Substance Use Support/Recovery - Rx/Heroin ..... | 22                 |
| Substance Use Support - Tobacco .....            | 24                 |
| Transportation .....                             | 24                 |
| Veteran's Services.....                          | 25                 |
| Volunteer Services or Access .....               | 26                 |
| Youth .....                                      | 26                 |
| Youth/Schools.....                               | 28                 |
| Miscellaneous Area Resources .....               | 31                 |
| Emergency & Quick Reference Numbers .....        | Outside Back Cover |

## Adult Education/Literacy and Training

### **Berkshire Area Health Education Center (AHEC) @BCC - [www.berkshireahec.org](http://www.berkshireahec.org)**

1350 West St., Pittsfield..... (413) 236-4500

*Berkshire AHEC advances access to high quality healthcare & healthy lifestyles through academic and community partnerships.*

### **BerkshireWorks/One Stop Career Center - [www.berkshireworks.org](http://www.berkshireworks.org)**

160 North St., Pittsfield..... (413) 499-2220, Ext. 114

*Employment & training opportunities for adults and youth. Resource room for job search; employment related workshops; job training for eligible customers, Hi-SET for eligible youth.*

### **Cents Ability @ BCAC - [www.bcacinc.org](http://www.bcacinc.org)**

85 Main St., N. Adams..... (413) 663-3014

1531 East St., Pittsfield..... (413) 445-4503

*Money management workshops.*

### **Goodwill Industries of the Berkshires and So. Vermont - [www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)**

Store: 166 State St. N. Adams..... (413) 749-8999

Training Center: 158 Tyler St., Pittsfield..... (413) 442-0061

*Employment and training for individuals with barriers to employment.*

### **McCann Technical School - [www.mccanntech.org](http://www.mccanntech.org)**

70 Hodges Crossroads, N. Adams..... (413) 663-5383

*Training in cosmetology, medical assistance, dental assistance, surgical technologists, practical nursing.*

### **Northern Berkshire Adult Basic Education Program @ MCLA -**

[www.mcla.edu/academics/continuing-education/adultbasiceducationprogram/index](http://www.mcla.edu/academics/continuing-education/adultbasiceducationprogram/index)

Freel Library at Blackinton & Montana St., N. Adams..... (413) 662-5310

*Basic skills, HISET test preparation, College & Career readiness and ESL Classes.*

### **Division of Graduate and Continuing Education @ MCLA - [www.mcla.edu](http://www.mcla.edu)**

375 Church St., N. Adams..... (413) 662-5575

*Bachelor's degree completion programs, adult evening classes at MCLA and online, professional development for teachers, summer courses, and summer camps for kids.*

### **Mildred Elley - Admissions Office**

33 Main Street, N. Adams..... (413) 358-4846

*Career education and technical training. Quality placement opportunities.*

*Reading aloud to a tiny child stimulates its early brain development. There will thus be huge gains in the child's readiness for school and life beyond. Reading aloud is encouraged by the American Academy of Pediatricians.*

## Disability Services

### **Ad-lib Inc. Center for Independent Living - [www.adlibcil.org](http://www.adlibcil.org)**

MRC Office 37 Main St., 3rd floor, N. Adams..... Toll Free (800) 232-7047

*Services for people with disabilities: peer counseling, skills training, information and referral, advocacy, transition services and other specialized programs. Services by appt. only.*

### **BFAIR (Berkshire Family & Individual Resources) - [www.bfair.org](http://www.bfair.org)**

771 S. Church St., N. Adams ..... (413) 664-9382

*Services for people with developmental disabilities, autism, traumatic brain injury and elders. Clinical, vocational, residential, home care, day habilitation, adult family care and family support services.*

### **Brain Injury Association of MA - [www.biama.org](http://www.biama.org)**

180 Elm St., Suite C, Pittsfield ..... (888) 554-5553

*Offers information, resources, and support groups for survivors of traumatic brain injury and family members; Educational and prevention workshops and activities.*

### **Goodwill Industries of the Berkshires and So. Vermont - [www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)**

Store: 166 State St., North Adams..... (413) 749-8999

Training Center: 158 Tyler St., Pittsfield..... (413) 442-0061

*Employment & training for individuals with barriers to employment. work adjustment training, school to work services.*

### **Mass. Commission for the Blind - [www.mass.gov/eohhs/gov/departments/mcb](http://www.mass.gov/eohhs/gov/departments/mcb)**

436 Dwight St., Springfield..... (413) 781-1290

*Provides rehabilitation and social services for blind individuals to enable independence.*

### **Mass. Commission for Deaf & Hard of Hearing**

436 Dwight Street, Suite 204 Springfield ..... (413) 788-6427 Voice/TTY

Video Phone ..... (413) 301-0915

*Provides accessible communication, education and advocacy.*

### **Mass. Rehabilitation Commission - [www.mass.gov/eohhs/gov/departments/mrc](http://www.mass.gov/eohhs/gov/departments/mrc)**

37 Main St., 3rd floor, N. Adams ..... (413) 663-5391 Voice/Tdd

*Education, job training and employment services for people with disabilities.*

### **Multiple Sclerosis - [www.mssupportfoundation.org](http://www.mssupportfoundation.org)**

85 Main St., Suite 212, N. Adams..... (413) 664-2011

Toll Free ..... (844) 280-7292

*Provides education, support and resources for those affected by multiple sclerosis.*

### **Pathlight - [www.pathlightgroup.org](http://www.pathlightgroup.org)**

100 North St., Suite 322, Pittsfield..... (413) 443-4780

*Enrichment and skill building classes, autism support services, referral information and supported living options for people with development and intellectual disabilities.*

### **UCP (United Cerebral Palsy) - [www.ucpberkshire.org](http://www.ucpberkshire.org)**

535 Curran Highway, N. Adams..... (413) 664-9345

*Social opportunities, respite, assistive technology and skills training for individuals with disabilities. Adult foster care, early intervention.*

## Elders/Older Adults

### **Meals on Wheels - Elder Services/Berkshire County**

877 South St., Pittsfield..... (413) 499-0524, (800) 544-5242

*Apply thru Elder Services for home meal delivery for elders and disabled.*

### **Take & Eat (Meals on Wheels)**

Mail: 69 Stryker Rd., Florida..... (413) 664-1041

*Free, hot nutritious meals delivered to home bound seniors on weekends & holiday weekends.*

### **Adams Council on Aging -**

[http://town.adams.ma.us/Public\\_Documents/AdamsMA\\_Aging/oldindex](http://town.adams.ma.us/Public_Documents/AdamsMA_Aging/oldindex)

Visitor Center, 3 Hoosac St., Adams ..... (413) 743-8333

*Socials, health screening, SHINE counselors, free AARP tax prep and filing, SNAP applications, fitness classes, BCAC fuel assistance sign ups and renewals, referrals/info, meals, transportation and emergency fuel assistance for adults 60+. Serving all in the need of: Salvation Army Unit for Adams/Cheshire/Savoy/Windsor; Providing Emergency Vouchers and Good Neighbor Energy Funds; Neighbor to Neighbor Emergency Grant; DTA Partner: SNAP applications.*

### **Adult Day Health @ The Brien Center - [www.briencenter.org](http://www.briencenter.org)**

124 American Legion Dr., N. Adams ..... (413) 664-4048

*Social services, nursing care, exercise, activities and meals for elders and disabled adults in a cheerful, relaxed daytime setting.*

### **Cheshire Council on Aging/Community Center - [www.cheshire-ma.com](http://www.cheshire-ma.com)**

119 School St., Cheshire..... (413) 743-1172

*Health testing, socials, transportation.*

### **Clarksburg Council on Aging/ Senior Center**

712 W. Cross Rd., Clarksburg ..... (413) 663-8253

*Fitness classes, health testing, socials, transportation.*

### **Elder Abuse Hotline - [www.mass.gov/report-elder-abuse](http://www.mass.gov/report-elder-abuse)**

HOTLINE..... (800) 922-2275

*Assist and support for elders w/physical, verbal, financial exploitation or neglect.*

### **Elder Services of Berkshire County, Inc. - [www.esbci.org](http://www.esbci.org)**

877 South St., Pittsfield..... (413) 499-0524

Toll Free ..... (800) 544-5242

*Nutrition/meals on wheels, information and referral, case management, respite care, homemaker and personal care assistance and nursing home preadmission screenings.*

## Elders/Older Adults (con't)

### Florida Council on Aging/ Senior Center

367 Mohawk Trail, Florida..... (413) 662-2811

*Education, support, fitness classes, no transportation.*

### Lanesboro Council on Aging

83 N. Main Street, Lanesboro..... (413) 448-2682

*Fitness classes, health testing, socials, transportation.*

### Matter of Balance

North County..... (413) 663-7588

*A program designed to reduce the fear of falling and increase activity levels among older adults. Includes eight two-hour sessions for a small group led by a trained facilitator. This is a nationally recognized program developed by Boston University. Classes are free and available throughout Berkshire County.*

### Navigation for Caregivers

Dalton..... (413) 464-1519

*Workshops for family caregivers of seniors struggling to balance the competing demands of work, family and caregiving responsibilities.*

### North Adams Commons - [www.northadamscommons.org](http://www.northadamscommons.org)

175 Franklin St., N. Adams..... (413) 664-4041

*Accredited nursing care (nursing home).*

### N. Adams Council on Aging/Mary Spitzer Senior Center -

[www.northadams-http://northadams-ma.gov/index.php?nav\\_id=25](http://www.northadams-http://northadams-ma.gov/index.php?nav_id=25) [ma.gov](http://ma.gov)

116 Ashland St., N. Adams..... (413) 662-3125

*Fitness classes, health testing, socials, transportation.*

### Rainbow Seniors of Berkshire County - [www.rainbowseniors.org](http://www.rainbowseniors.org)

Berkshire County..... (413) 441-6006

*Rainbow Seniors is a social and support network for LGBTQ elders and their friends.*

### Savoy Council on Aging/ Senior Center

720 Main St., Savoy..... (413) 743-4290

*Fitness classes, health testing, socials, transportation.*

### Social Security Administration

96 Marshall St., N. Adams..... Toll Free (877) 319-5709

*Office for Social Security programs/SSI, Federal Government programs.*

### Sweet Brook Transitional Care & Living Centers

1561 Cold Spring Rd., Williamstown..... (413) 458-8127

*Accredited nursing care (nursing home).*

### Sweetwood Continuing Care Retirement Community - [www.sweetwoodliving.com](http://www.sweetwoodliving.com)

1611 Cold Spring Rd., Williamstown..... (413) 458-8371

*Independent living.*

### Williamstown Commons - [www.williamstowncommons.org](http://www.williamstowncommons.org)

25 Adams Rd., Williamstown..... (413) 458-2111

*Accredited nursing care (nursing home).*

### Williamstown Council on Aging/Harper Senior Center

118 Church St., Williamstown..... (413) 458-8250

*Socials, meal programs, information, transportation, fitness classes.*

### The Osher Lifelong Learning Institute (OLLI) - at Berkshire Community College - [www.berkshireolli.wildapricot.org](http://www.berkshireolli.wildapricot.org)

1350 West Street, Pittsfield.....(413) 236-2190

*Fosters lifelong learning opportunities for mature adults.*

## Employment

### Berkshire County Regional Employment Board (BCREB) - [www.bcreb.com](http://www.bcreb.com)

66 Allen St., Pittsfield..... (413) 442-7177

*Workforce development, career pathways, connections to training, education, and employment.*

### Berkshirejobs.com - [www.berkshirejobs.com](http://www.berkshirejobs.com)

Berkshirejobs.com..... (413) 663-3384

*Internet job listing/search.*

### BerkshireWorks One Stop Career Center - [www.berkshireworks.org](http://www.berkshireworks.org)

City Hall, Suite 101, N. Adams..... (413) 672-0098

160 North St., 3rd Floor, Pittsfield..... (413) 499-2220, Ext. 110

*Job development, job search, job training for adults, youth services, education & work experience, employment related workshops, resource room. North Adams City Hall Mondays 8am to 2 pm.*

### Mass. Rehabilitation Commission - [www.mass.gov/eohhs/gov/departments/mrc](http://www.mass.gov/eohhs/gov/departments/mrc)

37 Main St., 3rd Floor, North Adams..... (413) 663-5391

*Job placement and training for people with disabilities.*

*"The MORE that you READ, the more THINGS you will KNOW,  
The MORE that you LEARN, the more PLACES you'll Go!" - Dr. Seuss*

## Families - Parents and Children

### **Berkshire Baby Box - [www.berkshirebabybox.org](http://www.berkshirebabybox.org)**

P.O. Box 587 South Egremont, MA 01258 ..... (413) 591-8029

*Provides a safe sleeping space for newborns, essential items, and an educational component which connects parents to local resources and community support.*

### **Berkshire Children and Families (BCF) - [www.berkshirechildren.org](http://www.berkshirechildren.org)**

480 West St., Pittsfield..... (413) 448-8281  
Toll Free ..... (888) 742-7443

*Wide range of family support services and parent education. Programs in N. Berkshire.*

### **Berkshire County Head Start - [www.berkhs.org](http://www.berkhs.org)**

21 Williams St., N. Adams ..... (413) 664-4829  
46 Howland Ave., Adams ..... (413) 743-5150

*Ages 3-5: Classroom education, home visiting, childcare - sliding fee.*

### **Berkshire Family YMCA - [www.bfymca.org](http://www.bfymca.org)**

22 Brickyard Ct., N. Adams..... (413) 663-6529

*Recreation & social programs for all ages.*

### **Berkshire Nursing Families - [www.berkshirenursingfamilies.org](http://www.berkshirenursingfamilies.org)**

71 Hospital Ave., N. Adams..... (413) 743-5338

*Lactation support program. Phone support available.*

### **Berkshire North WIC (Women, Infants, Children) - [www.berkshirehealthsystems.org/wic](http://www.berkshirehealthsystems.org/wic)**

North Adams Campus of BMC, 71 Hospital Ave..... (413) 663-3012

*For women, infants and children: healthy food, nutrition and breast-feeding information.*

### **Caleb Foundation, Mohawk Forest**

201 Mohawk Forest Blvd., N. Adams ..... (413) 663-6900

*Programs for children/families after- school, summer at Mohawk Forest.*

### **Child Care of the Berkshires (CCB) - [www.ccb Berkshire.org](http://www.ccb Berkshire.org)**

Main Office - 210 State St. (Haskins Center), N. Adams..... (413) 663-6593  
Monument Square Early Childhood Center ..... (413) 664-4657  
Magic Seasons School Age Program, N. Adams..... (413) 664-4657  
Family Child Care System ..... (413) 664-3256  
Magic Seasons School Age Program, Adams..... (413) 743-2905

*Three north county child care centers (6 wks- 12 yrs), & many parent & family support programs.*

### **CCB - Healthy Families - [www.ccb Berkshire.org](http://www.ccb Berkshire.org)**

210 State St. (Haskins Center), N. Adams..... (413) 664-6104

*Home visiting parent education and support program for first time parents age 20 and under, from pregnancy to age 3. Additional funding available for parents 21-30.*

### **CCB - Family Center of N. Berkshire - [www.ccb Berkshire.org](http://www.ccb Berkshire.org)**

210 State St. (Haskins Center), N. Adams..... (413) 664-4821

*Parent education/support, play and learn groups, and free children's clothing. 0-8 yrs.*

### **CCB - Lead Prevention Program - [www.ccb Berkshire.org](http://www.ccb Berkshire.org)**

210 State St. (Haskins Center), N. Adams..... (800) 954-0038

*Home visits, information. Lead poisoning prevention and staff trainings. (Free)*

### **CCB - Parent Child Home Program - [www.ccb Berkshire.org](http://www.ccb Berkshire.org)**

210 State St., N. Adams..... (413) 663-6593 Ext. 27 or 39

*Home visiting program for families with 18 months - 4 year olds. Promotes literacy & school readiness, provides free books and toys.*

### **CCB - Young Parent Child Care Program - [www.ccb Berkshire.org](http://www.ccb Berkshire.org)**

210 State St., N. Adams..... (413) 664-4821 Ext. 10

*Child care assistance and support for young parents under age 21.*

### **Early Intervention @ UCP - [www.ucp Berkshire.org](http://www.ucp Berkshire.org)**

535 Curran Highway, N. Adams..... (413) 664-9345

*Children (birth - 3) who have developmental delay or are at risk of a delay. Developmental evaluation, screening and developmentally appropriate treatment options provided.*

### **The Family Place @ nbCC - [www.nbccoalition.org](http://www.nbccoalition.org)**

61 Main St., Suite 206, N. Adams..... (413) 663-7588

*Working with families ages 0-18, providing family support and parent education in the community, at school, and the home.*

### **Goodwill Industries of the Berkshires and So. Vermont - [www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)**

Store: 166 State St., North Adams..... (413) 749-8999

Training Center: 158 Tyler St., Pittsfield..... (413) 442-0061

*Provides support services for families and children in crisis/need of clothing and household items.*

### **Grandparents Raising Grandchildren - [www.nbccoalition.org](http://www.nbccoalition.org)**

The Family Place..... (413) 663-7588

*Support group for grandparents raising grandchildren. Childcare, meals provided.*

### **The Kid's Place - [www.kidsplaceonline.org](http://www.kidsplaceonline.org)**

63 Wendell Ave., Pittsfield..... (413) 499-2800

26 Union St., North Adams..... (413) 662-8017

*Supportive, safe environment, advocacy, counseling, treatment of child abuse.*

### **LaLeche League of Berkshire County - [www.lllberkshires.wordpress.com](http://www.lllberkshires.wordpress.com)**

324 Lanesboro Rd., Cheshire..... (413) 743-8205

*Breast-feeding information and support.*

## Families - Parents and Children (con't)

### Maternal/Child Health @ Berkshire VNA

77 Hospital Ave., N. Adams..... (413) 447-2862

Newborn home visiting / Berkshire VNA.

### North Adams Public Schools Welcome Center @ Brayton School

20 Brayton Hill Terrace, N. Adams..... (413) 412-1073

Resources/support available to parents/families of children in N. Adams public schools.

### Partners for Community (NE Farm Workers Council) - [www.partnersforcommunity.org](http://www.partnersforcommunity.org)

141 North St., Suite 106, Lower Level, Pittsfield ..... (413) 236-5890

Help in finding quality child care programs throughout Western Massachusetts and information on possible sources to help pay for it.

### Teen to 23 Project - [www.berkshirenursingfamilies.org](http://www.berkshirenursingfamilies.org)

Haskins School, 210 State St., North Adams ..... (413) 743-5338

For pregnant young families, we provide childbirth/breast-feeding education. Also provide peer support and parenting/breast-feeding support for young families with infants. Breast-feeding support group meets every Tuesday from 10am to 12pm.

### The Support Network - <http://wmtcinfo.org/programs/support-network-of-families-of-wmass/>

DMH, 333 East St., 4th Fl., Rm 431, Pittsfield ..... (413) 887-9132, (413) 395-2023

The Family Support Specialist provides support for parents and caregivers who have children with social, emotional and/or behavioral challenges.

### Williamstown Community Preschool - [www.williamstowncommunity.org](http://www.williamstowncommunity.org)

777 Main St., Williamstown ..... (413) 458-4476

Preschool for child 15 months - 5 years, After-school: K-6 at Williamstown Elem. School.

## Financial Assistance

### Berkshire Community Action Council (BCAC) - [www.bcacinc.org](http://www.bcacinc.org)

85 Main St., N. Adams..... (413) 663-3014

Fuel & emergency assistance. Tax preparation free.

### Dept. of Transitional Assistance (Welfare) - [www.mass.gov/eohhs/gov/departments/dta/](http://www.mass.gov/eohhs/gov/departments/dta/)

37 Main St., N. Adams..... (413) 236-2000

160 North St., Pittsfield..... (413) 236-2000

Cash assistance & food stamps (SNAP) Families (TAFDC) & individuals (EAEDC).

### Northern Berkshire Interfaith Action Initiative (NBI) Ministry Fund

45 Eagle Street, North Adams..... (413) 664-0123

One-time emergency assistance such as food, transportation or shelter.

### Our Lady of Charity Conference (St. Vincent DePaul Society)

St. Vincent DePaul Society, c/o St. Elizabeth of Hungary ..... (413) 664-4835

One-time, short-term family assistance for needs not serviced by other agencies.

### PopCares - [www.popcares.org](http://www.popcares.org)

Email.....popcares@yahoo.com

For Northern Berkshire residents battling cancer: Short-term assistance for groceries, gas, dining, or for lodging while patients are undergoing treatment, for patient or caregiver.

Submit a request at [www.popcares.org](http://www.popcares.org).

### The Salvation Army

393 River St., N. Adams..... (413) 663-7987

Assistance with food and fuel assistance through The Good Neighbor Fund.

### Social Security Administration

96 Marshall St., N. Adams ..... (800) 772-1213

Social security programs/SSI, Federal government programs.

## Food

### Berkshire Dream Center

149 Eagle St., N. Adams..... (413) 522-3495

Food and clothing on site. Mondays and Wednesdays 6 to 7:00 pm. Mobile food pantry: 3rd. Wed. of the month - Mohawk Forest - 4:45pm; Greylock Valley - 5:15pm; Brayton Hill - 5:45pm.

### Berkshire Food Project - [www.berkshirefoodproject.org](http://www.berkshirefoodproject.org)

1st Congregational Church, Main St., N. Adams..... (413) 664-7378

Free healthy lunch to all-served at noon, weekdays.

### Berkshire North WIC (Women, Infants, and Children)

North Adams Campus of BMC, 71 Hospital Ave..... (413) 663-3012

Healthy food for pregnant, postpartum and breast-feeding women and children up to 5.

### Brown Bag Food Program Food Bank of West MA

Adams Council on Aging, 3 Hoosac St., Adams ..... (413) 743-8333

North Adams Council on Aging, 116 Ashland St., N.Adams ..... (413) 662-3126

Monthly bag of groceries for age 55+ or who are disabled & meet income guidelines.

### Community Bible Church of Williamstown - [www.cbwilliamstown.org](http://www.cbwilliamstown.org)

160 Bridges Rd., Williamstown ..... (413) 458-5556

3rd Wednesday of the month, 1:00-3:00 pm.

### Dept. of Transitional Assistance (Welfare) - [www.mass.gov/eohhs/gov/departments/dta/](http://www.mass.gov/eohhs/gov/departments/dta/)

37 Main St., N. Adams..... (413) 236-2000

Food stamps (SNAP) Families (TAFDC) & individuals (EAEDC).

## Food (con't)

### Food Bank of Western Mass Mobile Food Bank

Adams COA/Visitor's Center - 3 Hoosac Street, Adams..... (413) 743-8333  
2nd. and 4th Tuesdays of each month, 11:00 am - 12:00pm

### Food Bank of Western Mass Mobile Food Bank

The Brien Center 124 American Legion Drive N. Adams..... (413) 247-9738  
1st and 3rd Tuesdays of each month, 10:00 am - 11:00 am (rain or shine)

### The Friendship Center Food Pantry

45 Eagle St., N. Adams..... (413) 664-0123  
Food available every other week - Open Wednesdays from 10am-2 pm and 3:30-5:30 pm.

### Harvest Christian Ministries

275 River St., N. Adams..... (413) 664-4845  
Free healthy breakfast served M-F 7:30-9:00am. Lunch served Saturdays 11:30am-1:00pm.

### Hoosac Harvest - <http://www.hoosacharvest.org/>

A citizen-based organization that envisions a vibrant food system in which all members of the Northern Berkshire community participate and have access to locally grown, healthy and sustainably produced food. Offers subsidies for CSAs.

### North Adams Farmers Market - [www.facebook.com/NorthAdamsFarmersMarket/](http://www.facebook.com/NorthAdamsFarmersMarket/)

Municipal parking lot on St. Anthony Dr. between Marshall St. and Holden St.  
Saturdays, 9:00am-1:00pm, June-October - Accepts SNAP/EBT, HIP, Cash, Credit/Debit, Checks, WIC and Senior Farmers Market Coupons.

### North Adams Indoor Farmers Market -

<https://www.facebook.com/NorthAdamsFarmersMarket/>

87 Main St., N. Adams, The Green  
1st Saturdays of the Month, November-May, 9:00am-1:00pm. Accepts SNAP/EBT, HIP, Cash, Credit/Debit, Checks

### Pope John Paul Charity Center

2 Columbia St., Adams..... Parish Office (413) 743-0577  
Food Pantry Wed. 11-1, or 4-6, Clothing all ages. Serving Adams, Cheshire & Savoy.

### The Salvation Army

393 River St., N. Adams..... (413) 663-7987  
Food Pantry open Mondays - Wednesdays 11:00 to 1:00 pm. Emergency Pantry open Thursdays 10:00 am to 2:00 pm.

You can be your child's first and most important teacher.

### Williamstown Farmers Market - [www.williamstownfarmersmarket.org](http://www.williamstownfarmersmarket.org)

Parking Lot at the end of Spring St., Williamstown  
Saturdays, 9:00am-1:00pm. May-October.

### Williamstown Food Pantry @ Saints Patrick & Raphael Parish

53 Southworth St., Williamstown..... (413) 458-4946 ext 11  
Emergency food assistance, sometimes clothing, furniture & other help available. The Food Pantry at St. Patrick's is open 1-3pm on the 1st and 3rd Wednesdays of the month.

## Health & Wellness

### Berkshire Health Systems Canyon Ranch Institute Life Enhancement Program (LEP) at North Adams Campus of BMC

Clark House Conference Room, Hospital Ave., N. Adams..... (413) 447-2298  
A program that aims to eliminate health disparities and empower people to prevent chronic disease and embrace a life of wellness. Focuses on nutrition, physical activity, integrative health, mindfulness, stress management, and behavior change. Includes 1-on-1 consultations with an professionals in integrative health, exercise, nutrition, and behavioral health.

### Berkshire VNA - [www.berkshirehealthsystems.org/berkshirevna](http://www.berkshirehealthsystems.org/berkshirevna)

99 Hospital Ave., N. Adams..... (413) 447-2862  
Home Health and Hospice services. Disease management, wound & ostomy care, pain & symptom management, infusion services, medication management & education, patient & caregiver education, joint replacement support, fall risk assessment & prevention, and terminal care including spiritual & bereavement support.

### Ecu-Health Care - <http://ecuhealth.boxcarexpress.com/>

99 Hospital Ave., N. Adams..... (413) 663-8711  
Health Care access: Help enrolling in health care & public insurance programs.

### Healthy Steps

510 North St., Pittsfield..... (413) 447-2654  
Free and confidential services include STD, HIV, and hepatitis C testing and treatment; Syringe Service program; Narcan education and distribution; HIV case management; designated sharps disposal site; Free condoms; Referrals for health insurance, PCP and other community resources.

### Hospice Care in the Berkshires - [www.hcib.org](http://www.hcib.org)

877 South Street Pittsfield..... (413) 443-2994  
Provides comfort and support to patients with a life-limiting illness, along with their families. Specializes in care that ensures dignity, peace and comfort.

### North Adams Campus of Berkshire Medical Center - <https://north.berkshirehealthsystems.org>

71 Hospital Ave. N. Adams..... (413) 664-5000

## Health & Wellness (con't)

### Southwestern Vermont Medical Center - [www.svhealthcare.org](http://www.svhealthcare.org)

100 Hospital Ave, Bennington, VT..... (802) 442-6361

### UCP (United Cerebral Palsy) - [www.ucpberkshire.org](http://www.ucpberkshire.org)

535 Curran Highway ..... (413) 442-1562 ext. 28

Durable Medical Equipment Loaner Program - wheelchairs, walkers, scooters, portable (temporary) ramps, canes, tub seats and other mobility devices are often available at no cost due to the generosity of others in the community who donate usable equipment.

### Western MA Medical Reserve Corp. - <http://wmmrc.org>

Toll Free ..... (800) 237-3239, (800-BE-READY)

Health education for emergency preparedness, training to respond to community emergencies.

## Heating and Energy Programs

### Berkshire Community Action Council (BCAC) - [www.bcacinc.org](http://www.bcacinc.org)

85 Main St., N. Adams..... (413) 663-3014

Toll Free ..... (866) 216-6200

LIHEAP/Fuel assistance. Call (413) 663-3014 for appt. Other questions, call (866) 216-6200.

### Citizens Energy - Joe Oil - [www.citizensenergy.com](http://www.citizensenergy.com)

Toll Free ..... (877) 563-4645

Offers assistance for oil and gas heat.

### Energy Bucks

Toll Free ..... (866) 537-7267

Fuel assistance, utility discounts & weatherization.

### MASS Energy Consumer Alliance - [www.massenergy.org](http://www.massenergy.org)

Toll Free ..... (800) 287-3950

Full service local oil dealers w/discount prices for home heating oil.

### MassSave - [www.masssave.com](http://www.masssave.com)

Sponsored by National Grid & Berkshire Gas..... (866) 527-7283

Free home energy assessments, 0% interest loans, incentives & rebates for energy efficiency measures.

### National Grid AMP Program

Toll Free ..... (866) 580-7617 or (888) 211-1313

Arrears Management Program (AMP) helps customers who qualify for fuel assistance to pay off their current balance.

### NUStart

Toll Free ..... (800) 286-5844

For clients not behind on electric payments.

### The Salvation Army - [www.magoodneighbor.org](http://www.magoodneighbor.org)

393 River St., N. Adams..... (413) 663-7987

The Good Neighbor Energy Fund.

### Williams College Winter Blitz - <https://sustainability.williams.edu>

Community outreach weatherization program that gets students into nearby communities to help seal up houses to make them warmer and decrease winter energy costs.

## Housing

### Adams Housing Authority

4 Columbia St., Adams..... (413) 743-5924

Subsidized rental assistance based on income. Section 8 housing.

### Berkshire County Regional Housing Authority - [www.bcrha.com](http://www.bcrha.com)

1 Fenn St., 4th Floor, Pittsfield..... (413) 443-7138

Toll Free ..... (800) 248-9002

Housing services: legal help w/ housing and related issues, mediation/negotiation for landlord/tenant disputes, housing search.

### Berkshire Housing Development Corporation - [www.berkshirehousing.com](http://www.berkshirehousing.com)

1 Fenn St., Pittsfield..... (413) 499-1630

Subsidized rental assistance based on income, section 8 housing, other housing support.

### Louison House - [www.louisonhouse.org](http://www.louisonhouse.org)

149 Church St. N. Adams and 395 Old Columbia St., Adams ..... (413) 663-6323

Prevention, support, emergency intervention, and housing for the homeless, including shelter services.

### North Adams Housing Authority - [www.northadams-ma.gov/index.php?nav\\_id=33](http://www.northadams-ma.gov/index.php?nav_id=33)

150 Ashland St., N. Adams..... (413) 663-5379

Subsidized rental assistance based on income. Section 8 housing.

### Northern Berkshire Habitat for Humanity - [www.northberkshirehabitat.org](http://www.northberkshirehabitat.org)

P.O. Box 391, 61 Main St., N. Adams ..... (413) 664-4440

Affordable home ownership for low and moderate income families.

### Williamstown Housing Authority - [www.williamstownha.com](http://www.williamstownha.com)

35 Adams Rd., Williamstown ..... (413) 458-8282, (413) 458-5483

Subsidized rental assistance based on income. Section 8 housing.



## Immigrants

### **Berkshire Immigrant Center - [www.berkshireic.com](http://www.berkshireic.com)**

67 East St., Pittsfield ..... (413) 445-4881

Support, information and referral for immigrants.

### **Multicultural BRIDGE - [www.multiculturalbridge.org](http://www.multiculturalbridge.org)**

17 Main Street, Lee, MA ..... (413) 394-4029

Provides workplace development and language classes, education, competency and diversity training, interpreting and translation, immigrant support services, and facilitated community conversations.

## Information Services

### **1 Berkshire - [www.1berkshire.com](http://www.1berkshire.com)**

66 Allen St., Pittsfield ..... (413) 499-1600

General area information, business support.

### **Citizen Information Service**

Toll Free ..... (800) 392-6090

Massachusetts State Government information and referral.

### **Goodwill Industries of the Berkshires and So. Vermont - [www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)**

Store: 166 State St., North Adams ..... (413) 749-8999

Training Center: 158 Tyler St., Pittsfield ..... (413) 442-0061

Goodwill acts as a referral agency for those in need of additional support services.

### **Massachusetts 211 - [www.mass211.org](http://www.mass211.org)**

MA Local United Way ..... Dial 211 or Toll free (877) 211-6277

24/7 contact for referrals: Berkshires and statewide.

### **Nonprofit Center of the Berkshires - [www.npcberkshires.org](http://www.npcberkshires.org)**

40 Railroad Street, Suite 10 Great Barrington, MA 01230 ..... (413) 441-9542

Facilitating growth for charitable organizations through shared resources, affordable services, and creative collaborations.

### **North Adams Chamber of Commerce - [www.northadamschamber.com](http://www.northadamschamber.com)**

P.O. Box 344, North Adams ..... (413) 441-4528

A membership organization that promotes and advances the economic, civic and social vibrancy of the North Adams community.

### **Northern Berkshire Community Coalition - [www.nbcoalition.org](http://www.nbcoalition.org)**

61 Main St., Suite 218, N. Adams ..... (413) 663-7588

Referrals and information on area services, neighborhood, community & youth programs (See nBn, UNITY, The Family Place, and nb21).

### **Northern Berkshire United Way - [www.nbunitedway.org](http://www.nbunitedway.org)**

40 Main St., Box 955, N. Adams ..... (413) 663-9062

Area agency support and information.

### **Office of Community Events - [www.northadams-ma.gov](http://www.northadams-ma.gov)**

City Hall, 10 Main St. 2nd floor, N. Adams ..... (413) 662-6180

Area information/tourism, city events.

### **Williamstown Chamber of Commerce - [www.williamstownchamber.com](http://www.williamstownchamber.com)**

7 Denison Park Drive, Williamstown ..... (413) 458-9077

General area information & resource for businesses, residents & tourists.

## Legal and Consumer Services

### **Community Legal Aid - [www.communitylegal.org](http://www.communitylegal.org)**

152 North St., Pittsfield ..... (413) 499-1950

Free legal advice and representation, divorce clinics, workshops, domestic violence, tax preparation for low-income. Must call and complete intake for appointment.

### **Consumer Credit**

Toll Free ..... (800) 282-6196

Money Management International.

### **Consumer Services Program - [www.bcrha.com](http://www.bcrha.com)**

1 Fenn St., 4th Floor, Pittsfield ..... (413) 344-4861

Consumer counseling/mediation for individuals with issues or complaints with for-profit businesses.

### **The Mediation Center - [www.bcrha.com](http://www.bcrha.com)**

1 Fenn St., 4th Floor, Pittsfield ..... (413) 443-7138, ext. 212

Offers free, voluntary and confidential conflict intervention services to help individuals, schools, neighbors, family, elders, businesses, and community organizations resolve conflicts with the support of an impartial, third party mediator.

## Mental Health/Counseling

### **Berkshire Coalition for Suicide Prevention - [www.berkshirecoalition.org](http://www.berkshirecoalition.org)**

Emergency ..... 911

Berkshire Crisis Team (operated by the Brien Center) 24/7 ..... (413) 499-0412

Suicide Prevention Lifeline - 24/7 ..... (800) 273-8255 or (800) 273-TALK

Suicide Loss Support ..... (413) 441-6316

### **BMC Jones Psychiatric Care (short term)**

Call the Berkshire Crisis Team (operated by the Brien Center) for intake . (413) 499-0412

## Mental Health/Counseling (con't)

### The Brien Center for Mental Health and Substance Abuse Services -

[www.briencenter.org](http://www.briencenter.org)

124 American Legion Drive, N. Adams ..... (413) 664-4541  
Toll Free ..... (800) 252-0227

Outpatient services include individual, family, couples and group psychotherapy; addiction treatment programs include counseling, prevention and education as well as First Offender Program, Second Offender program and day treatment. Community Based Flexible Supports (CBFS) provides services for individual's living with a mental health condition including supportive housing, peer support, individual and group counseling and psychiatric evaluation. 24 hr. crisis assessment and intervention services are also available.

### Clinical Support Options (CSO) - [www.csoinc.org](http://www.csoinc.org)

877 South St., Pittsfield..... (413) 236-5656

Support and counseling for families, individuals, and children in Berkshire County. Outpatient services. Formerly known as: MSPCC (Massachusetts Society for Prevention of Cruelty to Children).

### Counseling Center of the Berkshires - [www.ccbkshires.com](http://www.ccbkshires.com)

34 Depot St., Pittsfield..... (413) 499-4090  
906 Main St., Williamstown. .... (413) 499-4090

Counseling resources for individuals and families. All phones answered in Pittsfield.

### NAMI Berkshire County (National Alliance on Mental Illness of Berkshire County) - [www.namibc.org](http://www.namibc.org)

333 East St., Room 417, Pittsfield..... (413) 443-1666

Support, education and advocacy provided to individuals, families and caregivers whose lives are affected by mental illness. A resource library consisting of informational pamphlets, books and literature are available. All services/programs are free. Eligibility: All

### South Bay Community Services - [www.southbaycommunityservices.com](http://www.southbaycommunityservices.com)

For info: 61 Eagle St., Pittsfield ..... (413) 418-2300  
For Referral: ..... (508) 427-5362

An outreach community mental health center. Provides individual, couples, and family counseling in homes, schools, and community centers of the individuals served across Berkshire County.

## Pets

### Berkshire Humane Society - [www.berkshirehumane.org](http://www.berkshirehumane.org)

214 Barker Rd. Pittsfield ..... (413) 447-7878

Pet adoption, low cost spay and neutering, family dog school, humane education. Pet Food Pantry at the Friendship Center Food Pantry in North Adams when available.

### Greylock Animal Hospital - [www.greylockanimalhospital.com](http://www.greylockanimalhospital.com)

1028 State Rd., N. Adams ..... (413) 663-5365

Veterinary services.

### North County Vet - [www.northcountyyvet.com](http://www.northcountyyvet.com)

838 Curran Memorial Highway, N. Adams ..... (413) 664-4570

Veterinary services.

## Police

### Adams

4 School St.....business: (413) 743-1212, alt. emergency: (413) 743-8031

### Cheshire

150 Meadowview Dr. .... (413) 743-1501

### Clarksburg

111 River Rd.....business: (413) 663-7795, alt. emergency: (413) 663-3313

### North Adams

11 Summer St. .... (413) 664-4944

### Savoy

720 Main Road..... (413) 743-0364

### Williamstown

31 North St. .... (413) 458-5733

Alt. Emergency for Cheshire, Florida, Savoy ..... (413) 499-7357  
State Police, Route 8, Cheshire ..... (413) 743-4700  
Emergencies ONLY ..... 911

## Pregnancy/Family Planning/Sexual Health

### New Direction - [www.newdirectionpc.org](http://www.newdirectionpc.org)

98 Church St., North Adams..... (413) 346-4291  
Available 24/7 ..... (800) 712-4357

Offers a variety of free and confidential pregnancy help services and is a resource for women in unintended pregnancies. Services are provided in a safe and comfortable atmosphere with a compassionate and non-judgmental approach.

### Tapestry Health - [www.tapestryhealth.org](http://www.tapestryhealth.org)

MountainOne Wellness Center, MCLA, 289 Church St., N.Adams ..... (413) 662-5258

Birth control; pregnancy testing; Hep.C/ HIV/STD testing; emergency contraception; family planning counseling; breast cancer screening; pap smears, pelvic exams; HPV vaccine.  
Wed. 1:00pm - 6:00pm.

### Teen to 23 Project - [www.berkshirenursingfamilies.org](http://www.berkshirenursingfamilies.org)

Haskins School, 210 State St., North Adams ..... (413) 743-5338

For pregnant young families, we provide childbirth/breast-feeding education on Thursdays from 11am to 1pm. Also provide peer support and parenting/breast-feeding support for young families with infants. Breast-feeding support group meets every Tuesday from 10am to 12pm.

### Healthy Steps

See listing under **Health & Wellness**

Make reading aloud a habit when your baby is tiny. Let your child turn the pages, if he or she can. Over time your child will learn which end of the book is up, that the letters are the things your are reading, that text flows from left to right.

## Protective and Hotline Services

### Berkshire Crisis Team

Operated by the Brien Center 24/7..... (413) 499-0412

### Department of Children & Families (DCF) - [www.mass.gov](http://www.mass.gov)

53 Eagle St., Pittsfield..... (413) 236-1800  
Toll Free ..... (800) 292-5022  
HOTLINE after 5:00 p.m..... (800) 792-5200

Protection for children who have been abused or neglected in a family setting.

### Elder Abuse Hotline - [www.mass.gov/report-elder-abuse](http://www.mass.gov/report-elder-abuse)

HOTLINE..... (800) 922-2275

Assist and support for elders w/physical, verbal, financial exploitation or neglect.

### Elizabeth Freeman Center - [www.elizabethfreemancenter.org](http://www.elizabethfreemancenter.org)

61 Main St., Suite 202, N. Adams..... (413) 663-7459  
Adams Police Department (counselor's cell phone) ..... (413) 347-0117  
43 Francis Ave., Pittsfield..... (413) 499-2425  
HOTLINE 24/7 Confidential Toll Free..... (866) 401-2425

Domestic violence and sexual assault services for adults and children, including safe shelter, court advocacy, counseling, support groups and trainings.

### Parent Stress Hotline

HOTLINE..... (800) 632-8188

Help for parents with stress or in crisis.

### POISON CONTROL - [www.aapcc.org](http://www.aapcc.org)

HOTLINE..... (800) 222-1222

### National Suicide Hotline

HOTLINE.....(800) 273-8255 (800-273-TALK)

## Substance Use Support/Recovery - Alcohol

### Al-Anon (for family members) - [www.berkshireanon.org](http://www.berkshireanon.org)

Toll Free ..... (888) 425-2666

Support for family and friends of problem drinkers.

### Alcoholics Anonymous (AA) - [www.westernmassaa.org](http://www.westernmassaa.org)

Hotline/Main/Intergroup..... (413) 532-2111

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

### The Brien Center for Mental Health & Substance Abuse Services - [www.briencenter.org/](http://www.briencenter.org/)

124 American Legion Dr., N. Adams ..... (413) 664-4541  
24 hr. Crisis Services Toll Free..... (800) 252-0227

Services include assessment, individual and group counseling. Driver Alcohol Education Program and Second Offenders Program. Patrick Miller Youth Substance Abuse Program. Lists of AA and Narcotic Anonymous groups in N. Berkshire. 24 hr. Crisis Services.

# Substance Use Support/Recovery- Rx/Heroin

## Detox Centers

### Adcare Hospital - [www.adcare.com/programs/adcare-hospital](http://www.adcare.com/programs/adcare-hospital)

107 Lincoln St., Worcester, MA 01605..... 800-252-6465 or (508) 799-9000

Round-trip transportation provided.

### Berkshire Medical Center, McGee Unit - [www.berkshirehealthsystems.org/mcgee](http://www.berkshirehealthsystems.org/mcgee)

725 North St., Pittsfield.....(413) 442-1400 or (413) 445-9228

Detoxification, stabilization and rehabilitation services.

### Clinical Stabilization Services (CSS) Unit @ BMC

725 North St., Pittsfield..... (413) 447-2927

Detoxification, stabilization and rehabilitation services.

### Northern Hope Center/Franklin Recovery Center

298 Federal St. (Rt. 5), Greenfield .....(413) 733-1423 or (413) 737-2439

### Swift River - [www.swiftriver.com](http://www.swiftriver.com)

151 South Street, Cummington, MA 01026 ..... (888) 910-1164

Providing 30 day residential care for those who are suffering from alcohol or substance abuse issues. Dual diagnosis facility specializing in DBT and CBT Therapy. Art, music and adventure therapy. Detox center, 15 month online aftercare program with a life coach.

## Outpatient Programs

### Adcare Outpatient Services - [www.adcare.com](http://www.adcare.com)

117 Park Ave., W. Springfield, MA 01089..... (413) 209-3124

### Brien Center - [www.briencenter.org](http://www.briencenter.org)

333 East St. # 227, Pittsfield, MA ..... (413) 499-0412

124 American Legion Dr., North Adams, MA ..... (413) 664-4541

Crisis Line.....(800) 252-0227 (24-hr)

60 Cottage St., Great Barrington, MA..... (413) 528-9156

Intensive Outpatient Program, Enhanced Outpatient Program (day treatment), Individual and Group Therapy, Suboxone and Vivitrol.

## Medication Assisted Treatment

### Brien Center - [www.briencenter.org](http://www.briencenter.org)

333 East St. # 227, Pittsfield, MA ..... (413) 499-0412

124 American Legion Dr., North Adams, MA ..... (413) 664-4541

Crisis Line.....(800) 252-0227 (24-hr)

60 Cottage St., Great Barrington, MA..... (413) 528-9156

Intensive Outpatient Program, Enhanced Outpatient Program (day treatment), Individual and Group Therapy, Suboxone and Vivitrol.

### Spectrum Health Systems - [www.spectrumhealthsystems.org/locations/north-adams-ma/147](http://www.spectrumhealthsystems.org/locations/north-adams-ma/147)

1274 Curran Highway, North Adams, MA ..... (800) 464-9555, ext. 1161

## Residential Long-Term Treatment

### Keenan House, @ The Brien Center - [www.briencenter.org](http://www.briencenter.org)

202 Bradford St., Pittsfield, MA, 01201 ..... (413) 499-2756

### Keenan House for Women, @ The Brien Center - [www.briencenter.org](http://www.briencenter.org)

121-123 Seymour St., Pittsfield..... (413) 997-0067

### Swift River- [www.swiftriver.com](http://www.swiftriver.com)

151 South Street, Cummington, MA 01026 ..... (888) 910-1164

Providing 30 day residential care for those who are suffering from alcohol or substance abuse issues. Dual diagnosis facility specializing in DBT and CBT Therapy. Art, music and adventure therapy. Detox center, 15 month online aftercare program with a life coach.

## Support Services and Help Lines

### Celebrate Recovery - [www.firstbaptistnorthadams.org](http://www.firstbaptistnorthadams.org)

131 Main St., N. Adams..... (413) 663-3780

A Christian based 12-step program. Every other Friday at 6:30pm.

### Community Services Info Line - [www.mass211help.org](http://www.mass211help.org)

Toll-Free ..... Dial 211

### George B. Crane Memorial Center - [www.thegbcmc.org](http://www.thegbcmc.org)

81 Linden Street, Pittsfield, MA.....(413) 464-7066; (413) 281-7407

AA, NA and Support Group Meetings

### Healthy Steps

510 North St., Pittsfield..... (413) 447-2654

Hep. C, HIV, STI testing; Naloxone; safe injection supplies.

### Institute for Health and Recovery - [www.healthrecovery.org](http://www.healthrecovery.org)

Toll Free ..... (866) 705-2807

### Josh Bressette Commit to Save a Life - [www.commit2savealife.org](http://www.commit2savealife.org)

For information ..... (413) 749-5007

Financial assistance for recovery, education and peer support for recovery.

### Learn to Cope (for family members) - [www.Learn2Cope.org](http://www.Learn2Cope.org)

BMC Cancer Center/HEAL Community Room, 165 Tor Ct, Pittsfield .. (508) 738-5148

Support Group Meetings, Tuesdays 7:00-8:30 p.m.

### Nar-Anon (for family members) - [www.naranonctma.org](http://www.naranonctma.org)

For information ..... (413) 442-8922

## Support/Recovery- Rx/Heroin (con't)

### **Narcotics Anonymous (NA) - [www.berkshirena.org](http://www.berkshirena.org)**

Help Line..... (413) 443-4377

### **Substance Abuse Helpline - [www.helpline-online.com](http://www.helpline-online.com)**

Toll-Free ..... (800) 327-5050

### **Tapestry Health - [www.tapestryhealth.org/north-adams/](http://www.tapestryhealth.org/north-adams/)**

6 West Main St., N. Adams..... (413) 398-5603

*New needles/syringes; referrals; testing for HIV/AIDS, Hep C and STIs; drug use & addiction counseling; overdose prevention education; naloxone training & distribution; safer sex supplies, safe Injection supplies; wound/vein care.*

### **Whatever Works Berkshires**

*A support group for people using medication-assisted treatment for addiction recovery. Meetings at 6 p.m. Tuesdays at the George B. Crane Memorial Center, 81 Linden St., Pittsfield, and 5:30 p.m. Thursdays at United Cerebral Palsy, 535 Curran Highway, Route 8, North Adams. Transportation help may be available. For information, email [whateverworks789@yahoo.com](mailto:whateverworks789@yahoo.com) or visit the Whatever Works Berkshires page on Facebook.*

## Substance Use Support - Tobacco

### **Berkshire AHEC's Tobacco-Free Community Partnership - [www.berkshirahec.org](http://www.berkshirahec.org)**

1350 West St., Pittsfield..... (413) 236-4500  
MA Hotline..... (800) 784-8669

*Free resources and support for coalitions, agencies, municipalities and workplaces on strategies to address tobacco issues and promote tobacco-free living.*

## Transportation

### **Berkshire Regional Transit Authority (BRTA) - [www.berkshirerta.com](http://www.berkshirerta.com)**

1 Columbus Ave., Pittsfield..... (413) 499-2782, (800) 292-2782

*Transportation for the Berkshire region. Buses, non-emergency medical transportation. Mass Health patients need permission from doctor.*

### **County Cabulance - [www.countyamb.com](http://www.countyamb.com)**

175-185 Wahconah St. Pittsfield..... (414) 499-2527

*In partnership with BMC, offering free transportation to residents of North Berkshire to BMC.*

### **HINT (Help I Need Transportation) Grant**

North Berkshire..... (413) 663-7588 Ext. 28

*Transportation available to eligible residents of North Berkshire as one time use for non-emergency medical transportation, after all other transportation options have been explored with referring agency.*

### **Local Councils on Aging**

Refer to pages 5 and 6

*Local medical transportation only.*

### **Village Ambulance Service - [www.villageambulance.com](http://www.villageambulance.com)**

30 Water Street, Williamstown..... (413) 458-4889

*Provides non-emergency medical transportation, including trips to and from doctors' offices, to and from dialysis and radiation centers, and other non-emergency situations that require a high degree of patient care.*

## Veteran's Services

### **American Red Cross**

Springfield, MA 01104..... (413) 737-4306, ext. 1929  
Call Center..... (877) 272-7337

*Service to Armed Forces (SAF) outreach services provides information and referrals, local resources, and family follow-ups. Call center provides emergency communication, financial assistance and veteran services.*

### **Office of Veteran Services**

City Hall, 10 Main St., N. Adams ..... (413) 662-3040  
Town Hall, 8 Park St., Adams ..... (413) 743-8300 ext. 125  
31 North St., Williamstown ..... (413) 458-4106

*Services, advocacy and support for veterans.*

### **Soldier On - [www.wesoldieron.org](http://www.wesoldieron.org)**

360 West Housatonic St., Pittsfield..... (413) 236-5644  
425 N. Main St., Leeds, MA..... (413) 582-3059

*Shelter, treatment, employment services for veterans of U.S. military service.*

### **Veterans Outpatient Clinic**

73 Eagle St., Pittsfield..... (413) 499-2672

*Primary & mental health services for veterans only.*

### **Veterans Western Massachusetts Call Center**

Crisis Line..... (800) 273-8255  
Telephone Care ..... (800) 893-1522

*Veterans' appointments and health care questions.*

## Veteran's Services (con't)

### Veterans Crisis Line

Toll Free .....(800) 273-8255 (800) 273-TALK

### Vietnam Veterans of America- Chapter 54

30 River St., N. Adams..... (413) 346-4167

Support services and Adopt-A-Park cleanups. Call for times & more information.

## Volunteer Services or Access

### Berkshire Non-Profits - [www.berkshirenonprofits.com](http://www.berkshirenonprofits.com)

Online portal connecting volunteers to non-profit opportunities.

### Center for Service and Citizenship at MCLA

MCLA, 375 Church St., N. Adams ..... (413) 662-5251

Contact to access volunteers or interns.

## Youth

### Berkshire County 4-H

78 Center St., Suite 206, Pittsfield..... (413) 448-8285

Youth programs for ages 5-18.

### Berkshire Family YMCA - [www.bfymca.org](http://www.bfymca.org)

22 Brickyard Ct., N. Adams..... (413) 663-6529

Recreation and social programs for all ages.

### Berkshire Youth Development Project (BYDP)

61 Main Street, Suite 218, N.Adams ..... (413) 663-7588

A county-wide network of youth development professionals who gather to promote positive youth development practices, leverage resources, and create events and initiatives that support positive youth development.

### The Brien Center for Mental Health & Substance Services - [www.briencenter.org](http://www.briencenter.org)

124 American Legion Dr., N. Adams ..... (413) 664-4541

Services include: Outpatient & in-home therapy, intensive care coordination, family support & training, in-home behavioral therapy & therapeutic mentoring available for youth & caregiver's mental health needs. Also crisis stabilization unit (CSU), 24 hour residential acute care, a pre-independent living group home for youth ages 16-21 and The Continuum, home based and residential services for youth.

### Girl Scouts of Central & Western MA (GSWM) - [www.gscwm.org](http://www.gscwm.org)

301 Kelly Way, Holyoke ..... (413) 584-2602, (800) 462-9100

Variety of Girl Scout experiences; after school & summer programs.

### Goodwill Industries of the Berkshires and Southern Vermont -

[www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)

Store: 166 State St., North Adams..... (413) 749-8999

Training Center: 158 Tyler St., Pittsfield..... (413) 442-0061

Employment and training for individuals with barriers to employment, work adjustment training, school to work services.

### IS183 - [www.is183.org](http://www.is183.org)

Berkshire County..... (413) 298-5252 ext. 100

Non-profit community art school encouraging people of all ages, means, and skill levels to enrich their lives through hands-on art-making.

### Kidspace @ MASS MoCA

1040 MASS MoCA Way, North Adams..... (413) 662-2111

A child centered art gallery and hands on studio.

### Northern Berkshire Youth Collaborative (NBYC)

61 Main Street, Suite 218, N. Adams ..... (413) 663-7588

A group comprised of northern Berkshire community members and professionals with a vested interest in the well-being of youth in the region, devoted to sharing best practices and resources regarding positive youth development.

### Patrick Miller Youth Substance Abuse Program (Brien Center)

124 American Legion Dr., N. Adams ..... (413) 664-4541

24 hr. Crisis..... (800) 252-0227

Assessment, intervention and treatment to adolescents with substance issues.

### Playwright Mentoring Program (PMP) -

[www.barringtonstageco.org/education-bsc/playwright-mentoring-project/](http://www.barringtonstageco.org/education-bsc/playwright-mentoring-project/)

Barrington Stage..... (413) 239-4767

Theater program for young people age 13-19. Create original theater based on your life experience.

### Project Reconnect - [www.bcacinc.org](http://www.bcacinc.org)

BCAC Office, 85 Main St., North Adams..... (413) 418-3683

Holistic mentoring, career & life skills training, educational development, GED program, job search assistance.

### ROOTS Teen Center - [www.rootsteencenter.com](http://www.rootsteencenter.com)

43 Eagle Street, N. Adams ..... (413) 398-4088

A safe and inclusive drop-in center for Northern Berkshire youth ages 13-22.

## Youth (con't)

### **Salvation Army: Bridging the Gap** - [www.salvationarmyma.org/northadams](http://www.salvationarmyma.org/northadams)

393 River St., N. Adams..... (413) 663-7987

*Life skills training program for court referred teens 11-17.*

### **Teenspace @ MASS MoCA**

1040 MASS MoCA Way, North Adams..... (413) 662-2111

*Teen Invitational, Teen Intensives, Teen Summit, Teen Summer Residency. All teen programs are free and open to anyone age 13 to 19.*

### **UNITY/Teen Writing Workshop @ nbCC** - [www.nbcoalition.org](http://www.nbcoalition.org)

61 Main St., Suite 218, N. Adams..... (413) 663-7588

*Supportive warm environment for teenagers to create and share work with guidance from professional creative writers.*

### **UNITY/Youth Leadership Program @ nbCC** - [www.nbcoalition.org](http://www.nbcoalition.org)

61 Main St., Suite 218, N. Adams..... (413) 663-7588

*9 mo. leadership training & community service learning program for high school students.*

### **Williamstown Youth Center, Inc.** - [www.williamstownyouthcenter.org](http://www.williamstownyouthcenter.org)

66 School St., Williamstown ..... (413) 458-5925

*Social, recreational and educational programs - after-school, summer - small fee.*

### **Youth Center, Inc. @ Adams Community Center** - [www.youthcenterinc.com](http://www.youthcenterinc.com)

20 East St., Adams..... (413) 743-3550

*Social, recreational and educational programs and drop-in after-school, summer.*

## Youth/Schools

### **Adams-Cheshire** - [www.acrsd.net](http://www.acrsd.net)

125 Savoy Rd., Cheshire ..... (413) 743-2939

*School District Superintendent's Office.*

### **BArT - Berkshire Arts & Technology** - [www.bartcharter.org](http://www.bartcharter.org)

One Commercial Place, Adams..... (413) 743-7311

*Public, tuition-free charter school for middle and high school students in Northern Berkshire.*

### **Berkshire County Head Start** - [www.berkhs.org](http://www.berkhs.org)

21 Williams Street N. Adams..... (413) 664-7932

46 Howland Ave., Adams ..... (413) 743-5150

*Ages 3-5: Classroom education, home visiting, childcare - sliding fee.*

### **Brayton Elementary** - [www.napsk12.org](http://www.napsk12.org)

20 Brayton Hill Terrace, N. Adams..... (413) 662-3260

*Grades: Pre-K, K-6, after-school program.*

### **Clarksburg Elementary** - [www.clarksburgschool.org](http://www.clarksburgschool.org)

777 W. Crossroads, Clarksburg..... (413) 663-8735

*Grades K - 8 for Clarksburg students.*

### **Colegrove Park Elementary** - [www.napsk12.org](http://www.napsk12.org)

East Main St., North Adams..... (413) 663-3250

*Grades K - 6.*

### **Drury High School** - [www.napsk12.org](http://www.napsk12.org)

1130 S. Church St., N. Adams ..... (413) 662-3240

*Grades 7-12 (N. Adams, Florida, Clarksburg, Monroe, Stamford, Readsboro).*

### **E-3 Academy** - [www.napsk12.org](http://www.napsk12.org)

The Armory, 206 Ashland St., North Adams..... (413) 776-1669

*N. Adams alternative high school - (a program of Drury High School)*

### **Gabriel Abbott Memorial** - [www.abbottmemorial.org](http://www.abbottmemorial.org)

56 N. County Rd., Florida ..... (413) 664-6023

*Grades pre-K - 8 for Florida students.*

### **Greylock Elementary** - [www.napsk12.org](http://www.napsk12.org)

100 Phelps Ave., N. Adams ..... (413) 662-3255

*Grades K-6, after-school programs.*

### **Hoosac Valley Elementary** - [www.acrsd.net](http://www.acrsd.net)

14 Commercial St., Adams ..... (413) 743-0876

*Grades K - 3, after-school educational programs.*

### **Hoosac Valley Middle and High School**

125 Savoy Road, Cheshire ..... (413) 743-5200

*Grades 4 - 12 (Adams, Cheshire, Savoy).*

### **McCann Vocational Technical High School**

70 Hodges Cross Rd., N. Adams..... (413) 663-5383

*Technical High School, No. Berkshire District. Grades 9 - 12, & Superintendent's Office.*

### **Mt. Greylock Regional High School**

1781 Cold Spring Road, Williamstown ..... (413) 458-9582

*Regional middle & high school, grades 7-12 (Lanesboro, Hancock, New Ashford & Williamstown) & Superintendent's Office.*

## Youth/Schools (con't)

### **North Adams Public Schools (NAPS) - [www.napsk12.org](http://www.napsk12.org)**

37 Main St., N. Adams..... (413) 662-3225

*School District Superintendent's & Central Office.*

---

### **North Berkshire Academy - [www.collaborative.org/North-Berkshire-Academy](http://www.collaborative.org/North-Berkshire-Academy)**

206 Ashland St., N. Adams..... (413) 320-3316

*Grades 7 through 10. North Berkshire Academy offers programming for students with an IEP from their home school district.*

---

### **Northern Berkshire School Union**

98 Church St., N. Adams ..... (413) 664-9292

*School District Superintendent's Office for Florida, Savoy, Clarksburg, & Monroe grade schools.*

---

### **Pine Cobble**

163 Gale Road, Williamstown..... (413) 458-4680

*Co-educational, private school, grades pre-K - 9.*

---

### **St. Stanislaus**

108 Summer St., Adams ..... (413) 743-1091

*Catholic, private school, grades pre-K - 8.*

---

### **Savoy Elementary**

26 Chapel Road, Savoy..... (413) 743-1992

*Grades pre-K - 5 for Savoy students.*

---

### **Williamstown Elementary**

115 Church St., Williamstown ..... (413) 458-5707

*Grades pre-K - 6.*

---

## Miscellaneous Area Resources

### **NBCTC: Northern Berkshire Community Television - [www.nbctc.org](http://www.nbctc.org)**

69 Union St. N. Adams ..... (413) 663-9006

*Local coverage of community events, issues, and programs.*

---

### **Northern Berkshire Neighbors (nBn) @ nbCC - [www.nbccoalition.org](http://www.nbccoalition.org)**

61 Main St., Suite 218, N. Adams..... (413) 663-7588

*Resident advocacy & support, neighborhood groups & programs, community events.*

---

### **The Green- [www.thegreenNAMA.com](http://www.thegreenNAMA.com)**

87 Main St., North Adams ..... [thegreenNAMA@gmail.com](mailto:thegreenNAMA@gmail.com)

*Community shared space for programs, gatherings and events that enhance community life. Email for information on capacity and fees.*

---

### **UNO Community Center- [www.facebook.com/UNOCommCenter](https://www.facebook.com/UNOCommCenter)**

157 River St., North Adams ..... (801) 663-7123

*Community meeting and event space.*

---

### **WilliNet: Community Television for Williamstown - [www.willinet.org](http://www.willinet.org)**

34 Spring St., Williamstown ..... (413) 458-0900

*Local coverage of community events, issues, and programs.*

---

*Parents or grandparents should read aloud to their little ones at least 15 minutes each day, starting at birth. A baby's ability to learn language is subtle but remarkable. A child's vocabulary will grow at an amazing rate, building the foundation for future knowledge.*



# Emergency Numbers

For Fire, Police or Ambulance from anywhere in Massachusetts..... Dial 911  
Massachusetts State Police ..... (413) 743-4700  
National Suicide Prevention Lifeline ..... (800) 273-8255  
Poison Control Center..... (800) 222-1222

---

## Quick Reference Numbers

*For food [See page 12-13 for hours of operation]:*

*In Adams, Pope John Paul Charity Center, (413) 743-0577*

*In North Adams, The Friendship Center Food Pantry, (413) 664-0123*

*In North Adams, St. Vincent DePaul Society, (413) 664-4835*

*In Williamstown, Sts. Patrick and Raphael Parish, (413) 458-4956*

Mass 211 - 24/7 Emergency, Community Information, Referral Services:

Dial 211 or visit [www.mass211.org](http://www.mass211.org)

*To report elder abuse [24 hr. hotline]: (800) 922-2275*

*To report child abuse [24 hr. hotline]: (800) 792-5200*

*For help with homelessness: Louison House, (413) 663-6323, ext. 4 [line staffed 24 hrs.]*

*For domestic & relationship violence support:*

*Elizabeth Freeman Center, [24 hr. hotline]: (866) 401-2425*

*For mental health care & substance abuse crisis support:*

*Brien Center, [24 hr. hotline]: (413) 499-0412*

*For general information to help get started:*

*Northern Berkshire Community Coalition, [M-F, 8-5]: (413) 663-7588*



Northern Berkshire Community Coalition

61 Main Street, Suite 218  
North Adams, MA 01247  
(413) 663-7588

The Northern Berkshire  
Community Coalition  
is a member agency of:

