Finding help for your neighbor or yourself can be difficult and time consuming. Although there is often help available for most situations, finding the right community resource to fit that situation can be difficult. This guide outlines local resources. These agencies and programs have a common goal of helping people in our community and can be accessed directly.
The Northern Berkshire Community Coalition has been organizing and supporting the Northern Berkshire community since 1986. Our mission is to empower the Northern Berkshire region to enhance the quality of life through our efforts at connecting, convening, and supporting all facets of the community.

Our vision is to be the catalyst for a healthy, empowered, engaged Northern Berkshire community with an emphasis on:

**Convening & Connecting Community:** We engage residents and stakeholders in community conversations to resolve local concerns. In addition, we connect residents to local service agencies and provide opportunities for social engagement.

**Health and Wellness:** We help our community make healthy eating and active living the easy choice, as well as create opportunities for access to health and wellness services.

**Leadership Development:** We train adults and youth to be leaders within their community and build capacity to make positive change in our region.

**Substance Use Prevention and Recovery:** We develop strategies to delay youth alcohol/substance use and support community efforts for addiction recovery.

**Family Support and Education:** We provide families within our community with the resources, activities, and group support needed to maintain a strong and resilient family. In addition, we provide workshops and classes for all parents to develop stronger skills to become the best parent they can be for their children.

**Youth Development:** We actively build a positive youth development culture by encouraging youth to grow and realize their full potential. In addition, we also support those who work with youth through networking and training efforts.

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## Food Access Sites in North Berkshire

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<tbody>
<tr>
<td>Veterans Office Food Pantry: North Adams City Hall, Office 105. Open October 2020. 9:00am - 1:00pm. Veterans only. Call 413-662-3040</td>
<td>Food Bank of Western Mass Mobile Food Bank: 10:00am - 11:00am 2nd &amp; 4th Tuesdays Adams COA/Visitors Center 3 Hoosac St., Adams</td>
<td>Al Nelson Friendship Center Food Pantry: 10:00am - 4:00pm 413-664-0123 45 Eagle St., North Adams For those who can not physically come or are ill, please call on Wednesday to set up a delivery on Thursday between 10am - 12pm.</td>
</tr>
<tr>
<td>Salvation Army: 12:30pm - 3:00pm 413-663-7987 393 River Street, North Adams</td>
<td>Community Bible Church Food Pantry: 1:00pm - 3:00pm 3rd Wednesdays of the Month 413-458-5556 160 Bridges Road, Williamstown</td>
<td></td>
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<tr>
<td>St. John Paul Charity Center: 11:00am - 1:00pm 4:00pm - 6:00pm Serves Adams, Cheshire, Savoy 413-743-0577 2 Columbia Street, Adams Clothing for all ages also available.</td>
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<tr>
<td>Williamstown Food Pantry @ St. Patrick &amp; St. Raphael Parish: 9:30am - 12:00pm 413-458-4946 ext.11 53 Southworth Street, Williamstown Serves Williamstown, Hancock, New Ashford, Pownal Form of ID Required Emergency Assistance provided by Phone Only</td>
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<tr>
<td>Veterans Office Food Pantry: North Adams City Hall, Office 105. Open October 2020. 9:00am - 1:00pm. Veterans only. Call 413-662-3040</td>
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<tr>
<td>Food Bank of Wester Mass Mobile Food Bank: 10:00am - 11:00am 1st &amp; 3rd Fridays The Brien Center 124 American Legion Drive, North Adams</td>
<td>Cheshire Food Pantry: 11:00am - 12:00pm 1st Saturday of Month 413-743-9719 119 School Street, Cheshire</td>
<td>Take and Eat: Delivered Meals, Every Sunday Homebound residents 60+, unable to prepare food Information &amp; Sign Up Call: Kathleen Ryan 413-672-1404 413-664-1041.</td>
</tr>
<tr>
<td>Food Bank of Western Mass &quot;Brown Bag&quot;: 4th Friday of Month Distributed from various north Berkshire Council on Aging sites. For people over 55, with income eligibility Call to apply 413-247-9738 1-800-247-9632</td>
<td>WRAPS (Williams College Recovery of All Perishable Surplus): Pre-packaged &amp; frozen meals Roots Teen Center, North Berkshire YMCA and Mohawk Forest. Pick up available during locations’ open hours</td>
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<tr>
<td>North Adams Farmer’s Market: 9:00am - 1:00pm Every Saturday, June - October Outside Location in North Adams 9:00am - 1:00pm 1st Saturday of the Month, November - May The Green, 85 Main St, North Adams Accepts: SNAP/EBT, HIP, Cash, Checks, WIC, &amp; Senior Farmer’s Market Coupons For More Information: <a href="https://www.facebook.com/NorthAdamsFarmersMarket/">https://www.facebook.com/NorthAdamsFarmersMarket/</a></td>
<td></td>
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</tr>
<tr>
<td>Williamstown Farmers Market: 9:00am - 1:00pm Every Saturday, May - October Parking Lot @ end of Spring Street, Williamstown Accepts and doubles WIC/Senior Farmers Market Coupons. <a href="http://www.williamstownfarmersmarket.org">www.williamstownfarmersmarket.org</a></td>
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<tr>
<th>Lunch</th>
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<tr>
<td>Berkshire Food Project</td>
<td>11:00am - 1:00pm</td>
<td>134 Main Street, North Adams</td>
<td>Berkshire Food Project</td>
<td>11:00am - 1:00pm</td>
<td>134 Main Street, North Adams</td>
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<tr>
<td>Adams Council on Aging Congregate Meals</td>
<td>11:30am</td>
<td>3 Hoosac Street, Adams</td>
<td>Adams Council on Aging Congregate Meals</td>
<td>11:30am</td>
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<tr>
<td>Cheshire Council on Aging Congregate Meal</td>
<td>11:30am</td>
<td>80 Church Street, Cheshire</td>
<td>Cheshire Council on Aging Congregate Meal</td>
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<tr>
<td>Williamstown Council on Aging Congregate Meals</td>
<td>11:30am</td>
<td>118 Church Street, Williamstown</td>
<td>Williamstown Council on Aging Congregate Meals</td>
<td>11:30am</td>
<td>118 Church Street, Williamstown</td>
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<tr>
<td>Meals on Wheels Lunch Delivery for Seniors Call Elder Services for Details &amp; Eligibility 413-499-0524</td>
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<tr>
<td>Contact your School District regarding the school meal programs provided to students &amp; families. See page 30-32 for list of northern Berkshire public schools &amp; contact information.</td>
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**Community Free Lunch:**
- **North Adams:**
  - 1st Baptist Church North Adams
  - 11:00am - 12:00pm
  - Every Saturday
  - Use entrance on Eagle Street
- **Williamstown:**
  - 111 Chestnut Street
  - 11:00am - 12:00pm

**Meals on Wheels**
- **North Adams:**
  - 1st Baptist Church North Adams
  - 11:00am - 12:00pm
  - 116 Ashland Street, North Adams
- **Williamstown:**
  - 111 Chestnut Street
  - 11:00am - 12:00pm
  - 111 Chester Street, Williamstown

**Elder Services**
- Call Elder Services for Details & Eligibility 413-499-0524

**North Adams Council on Aging**
- Meals on Wheels
- Lunch Delivery for Seniors
- Call Elder Services for Details & Eligibility 413-499-0524
### Disability Services

**Ad-lib Inc. Center for Independent Living -** [www.adlibcil.org](http://www.adlibcil.org)

215 North Street, Pittsfield….(413) 442-7047
Services for people with disabilities: peer counseling, skills training, information and referral, advocacy, transition services and other specialized programs. Services by appt. only.

**Berkshire Family & Individual Resources (BFAIR) -** [www.bfair.org](http://www.bfair.org)

771 S. Church St., N. Adams……………………………..(413) 664-9382
Services for people with developmental disabilities, autism, traumatic brain injury and elders. Clinical, vocational, residential, home care, day habilitation, adult family care and family support services.

**Brain Injury Association of MA -** [www.biama.org](http://www.biama.org)

180 Elm St., Suite C, Pittsfield…….. (888) 554-5553
Offers information, resources, and support groups for survivors of traumatic brain injury and family members; educational and prevention workshops and activities.

**Easterseals Massachusetts -** [www.massalternativefinance.org](http://www.massalternativefinance.org)

484 Main St., Suite 600, Worcester, MA……………………………..(508) 751-6428
Assistive technology and skills training for individuals with disabilities.


436 Dwight St., Room 109, Springfield ……………………(413) 781-1290
Provides rehabilitation and social services for blind individuals to enable independence.

**Mass. Commission for the Deaf & Hard of Hearing**

436 Dwight St, Room 109, Springfield ……………………(413) 788-6427 Voice/TTY Video Phone……………………………..(413) 301-0915
Provides accessible communication, education and advocacy.


37 Main St., 3rd floor, N. Adams……………………………..(413) 663-5391 Voice/Tdd
Education, job training and employment services for people with disabilities.

**Multiple Sclerosis -** [www.mssupportfoundation.org](http://www.mssupportfoundation.org)

85 Main St., Suite 202, N. Adams ………………………………….(413) 664-2011
Toll Free …………………………………………………………….(844) 280-7292
Provides education, support and resources for those affected by multiple sclerosis.

**Pathlight -** [www.pathlightgroup.org](http://www.pathlightgroup.org)

75 South Church Street, Suite 402, Pittsfield……………………………..(413) 443-4780
Enrichment and skill building classes, autism support services, referral information and supported living options for people with development and intellectual disabilities.

**UCP (United Cerebral Palsy) -** [www.ucpwma.org](http://www.ucpwma.org)

535 Curran Highway, N. Adams……………………………..(413) 664-9345
Social opportunities, respite, adult foster care, early intervention.

### Elders/ Older Adults

**Adams Council on Aging -** [http://town.adams.ma.us/council-aging](http://town.adams.ma.us/council-aging)

Visitor Center, 3 Hoosac St., Adams ………………………………..(413) 743-8333
Socials, health screening, SHINE counselors, free AARP tax prep and filing, SNAP applications, fitness classes, BCAC fuel assistance sign ups and renewals, referrals/info, meals, transportation and emergency fuel assistance for adults 60+. Serving all in the need of Salvation Army Unit for Adams/Cheshire/Savoy/Windsor; Providing Emergency Vouchers and Good Neighbor Energy Funds; Neighbor to Neighbor Emergency Grant; DTA Partner: SNAP applications.

**Adult Day Health@The Brien Center -** [www.briencenter.org](http://www.briencenter.org)

124 American Legion Dr., N. Adams……………………………..(413) 664-4048
Social services, nursing care, exercise, activities and meals for elders and disabled adults in a cheerful, relaxed daytime setting.

**Cheshire Council on Aging/Community Center -** [www.cheshire-ma.net/council-aging](http://www.cheshire-ma.net/council-aging)

80 Church St., Cheshire……………………………..(413) 743-1172
Health testing, socials, transportation.

**Clarksburg Council on Aging/Senior Center**

712 W. Cross Rd., Clarksburg……………………………..(413) 663-8253
Fitness classes, health testing, socials, transportation.

**Elder Abuse Hotline -** [www.mass.gov/reporting-elder-abuse-neglect](http://www.mass.gov/reporting-elder-abuse-neglect)

HOTLINE …………………………………………………………….(800) 922-2275
Assist and support for elders w/physical, verbal, financial exploitation or neglect.

**Elder Services of Berkshire County, Inc. -** [www.esbci.org](http://www.esbci.org)

877 South St., Pittsfield ………………………………..(413) 499-0524
Toll Free …………………………………………………………….(800) 544-5242
Nutrition/meals on wheels, information and referral, case management, respite care, homemaker and personal care assistance and nursing home preadmission screenings.

**Florida Council on Aging/ Senior Center**

367 Mohawk Trail, Florida……………………………..(413) 662-2811
Education, support, fitness classes, no transportation.

**Lanesboro Council on Aging -** [www.lanesborough-ma.gov/council-aging](http://www.lanesborough-ma.gov/council-aging)

83 N. Main Street, Lanesboro……………………………..(413) 448-2682
Fitness classes, health testing, socials, transportation.
Elders/Older Adults (con’t)

Matter of Balance, hosted by Northern Berkshire Community Coalition
North County .................................................................(413) 663-7588
A program designed to reduce the fear of falling and increase activity levels among older adults. Includes eight two-hour sessions for a small group led by a trained facilitator. This is a nationally recognized program developed by Boston University. Classes are free and available throughout Berkshire County.

Meals on Wheels - Elder Services/Berkshire County • www.esbci.org/mow
877 South St., Pittsfield .............................................(413) 499-0524, (800) 544-5242
Apply thru Elder Services for home meal delivery for elders and disabled.

North Adams Commons • www.northadamscommons.org
175 Franklin St., N. Adams .........................................................(413) 664-4041
Accredited nursing care (nursing home).

N. Adams Council on Aging/Mary Spitzer Senior Center • www.northadams-ma.gov/index.php?nav_id=25
116 Ashland St., N. Adams ..............................................................(413) 662-3125
Fitness classes, health testing, socials, transportation.

Osher Lifelong Learning Institute (OLLI) • at Berkshire Community College • www.berkshireolli.wildapricot.org
1350 West Street, Pittsfield .....................................................(413) 236-2190
Fosters lifelong learning opportunities for mature adults.

Rainbow Seniors of Berkshire County • www.rainbowseniors.org
Berkshire County ............................................................................(413) 664-6549
Rainbow Seniors is a social and support network for LGBTQ elders and their friends.

Savoy Council on Aging/Senior Center
720 Main St., Savoy .................................................................(413) 743-4290
Fitness classes, health testing, socials, transportation.

Social Security Administration • www.ssa.gov
96 Marshall St., N. Adams ......................................................(877) 319-5709
Toll Free
Office for Social Security programs/SSI/SSDI, federal government programs.

Take & Eat • www.takeandeat.org
Mail: 69 Stryker Rd., Florida .......................................................(413) 664-1041
Free, hot nutritious meals delivered to homebound seniors on Sundays.

Williamstown Commons • www.williamstowncommons.org
25 Adams Rd., Williamstown ......................................................(413) 458-2111
Accredited nursing care (nursing home).

Williamstown Council on Aging/Harper Senior Center • www.williamstownma.gov/services/council-on-aging
118 Church St., Williamstown ......................................................(413) 458-8250
Social and recreation events, meals, information and referral, tai chi, yoga, exercise and balance classes weekly, blood pressure clinics, footcare, health screening, SHINE insurance counseling, social work, and benefit programs application assistance, home and community visits, Aging Mastery Programming, transportation, seasonal tax preparation, inter-generational programs, Brown Bag, collaborations with Williamstown Theatre Festival Community Works and Williams College.

Employment & Training

Berkshire Area Health Education Center (AHEC) @BCC • www.berkshireahec.org
395 Main Street, Dalton .................................................................(413) 842-5160
Berkshire AHEC empowers communities towards better health by connecting health professionals and the community to high quality health education.

Berkshirejobs.com • www.berkshirejobs.com
Berkshirejobs.com ........................................................................(413) 663-3384
Internet job listing/search.

Goodwill Industries of the Berkshires and So. Vermont • www.goodwill-berkshires.com
Store: 166 State St. N. Adams ......................................................(413) 442-0061
Training Center: 158 Tyler St., Pittsfield .............................................(413) 749-8999
Employment and training for individuals with barriers to employment.

MassHire Berkshire Career Center • www.masshireberkshirecc.com
160 North St., 3rd Floor, Pittsfield ..................................................(413) 499-2220, Ext. 110
Job development, job search, job training for adults, youth services, education & work experience, employment related workshops, resource room. Employment & training opportunities for adults and youth. Resource room for job search; employment related workshops; job training for eligible customers, Hi-SET for eligible youth.

Mass. Rehabilitation Commission • www.mass.gov/orgs/massachusetts-rehabilitation-commission
37 Main St., 3rd Floor, North Adams ..................................................(413) 663-5391
Job placement and training for people with disabilities.
Employment & Training (con’t)

McCann Technical School - www.mccanntech.org
70 Hodges Crossroads, N. Adams ................................................. (413) 663-5383
Training in cosmetology, medical assistance, dental assistance, surgical technologists, practical nursing.

Mildred Elley - Admissions Office
33 Main Street, N. Adams .......................................................... (413) 358-4846
Career education and technical training. Quality placement opportunities.

Family Services

18 Degrees - www.18degreesma.org
480 West St., Pittsfield .............................................................. (413) 448-8281
Toll Free .......................................................... (888) 742-7443
Wide range of family support services and parent education. Programs in N. Berkshire.

Berkshire Baby Box - www.berkshirebabybox.org
P.O. Box 587 South Egremont, MA 01258 ............................... (413) 591-8029
Provides a safe sleeping space for newborns, essential items, and an educational component which connects parents to local resources and community support.

Berkshire County Head Start - www.berkhs.org
21 Williams St., N. Adams .......................................................... (413) 664-7932
46 Howland Ave., Adams .......................................................... (413) 743-5150
Ages 3-5: Classroom education, home visiting, childcare - sliding fee.

Berkshire County Kid’s Place and Violence Prevention - www.kidsplaceonline.org
63 Wendell Ave., Pittsfield .......................................................... (413) 499-2800
North Adams .......................................................... (413) 662-8017
Supportive, safe environment, advocacy, counseling, treatment of child abuse.

Berkshire Family YMCA - www bfymca.org
22 Brickyard Ct., N. Adams .......................................................... (413) 663-6529
Preschool and social programs for all ages.

Berkshire North WIC (Women, Infants, Children) - www.berkshirehealthsystems.org/wic
North Adams Campus of BMC, 71 Hospital Ave. ....................... (413) 663-3012
For women, infants and children: healthy food, nutrition and breastfeeding information.

Berkshire Nursing Families - www.berkshirenursingfamilies.org
71 Hospital Ave., N. Adams .......................................................... (413) 743-5338
Lactation support program. Phone support available.

Caleb Group, Mohawk Forest - www.thecalebgroup.org
201 Mohawk Forest Blvd., N. Adams ........................................... (413) 663-6900
Programs for children/families, after school and summer at Mohawk Forest.

Child Care of the Berkshires (CCB) - www ccberkshire.org
Main Office - 210 State St. (Haskins Center), N. Adams ............... (413) 663-6593
Monument Square Early Childhood Center ................................ (413) 664-4657
Magic Seasons School Age Program, N. Adams ........................ (413) 664-4657
Family Child Care System ....................................................... (413) 664-3256
Magic Seasons School Age Program, Adams ............................. (413) 743-2905
Three north county child care centers (6 wks-12 yrs), offering many parent & family support programs.

Family Center of N. Berkshire @ CCB ..................................... (413) 664-4821
Parent education/support, play and learn groups, and free children’s clothing. 0-8 yrs.

Healthy Families @ CCB ........................................................ (413) 445-4324
Home visiting parent education and support program for first time parents age 20 and under, from pregnancy to age 3. Additional funding available for parents 21-30.

Lead Prevention Program @ CCB ............................................. (800) 954-0038
Home visits, information. Lead poisoning prevention and staff trainings. (Free)

ParentChild+ Home Program @ CCB ................................. (413) 663-6593  Ext. 27 or 39
Home visiting program for families with children aged 18 months - 4 years. Promotes literacy & school readiness, provides free books and toys.

Early Intervention @ UCP - www.ucpwma.org
535 Curran Highway, N. Adams ............................................... (413) 664-9345
Children (birth - 3) who have developmental delay or are at risk of a delay. Developmental evaluation, screening and developmentally appropriate treatment options provided.

Family Resource Center @ nbCC - www nbccoalition.org
61 Main St., Suite 206, N. Adams ............................................... (413) 663-7588
Working with families ages 0-18, providing family support and parent education in the community, at school, and the home.

First Steps Together - www.mass.gov/info-details/about-first-steps-together
See page 33 under Substance Use Supports & Recovery for phone numbers and services.

Grandparents Raising Grandchildren Group @ nbCC - www nbccoalition.org
61 Main Street, Suite 206, North Adams ...................................... (413) 663-7588
Support group for grandparents raising grandchildren. Childcare, meals provided.

Maternal/Child Health @ Berkshire VNA - berkshirehealthsystems.org/maternalchild-homecare
77 Hospital Ave., N. Adams ..................................................... (413) 447-2000
Newborn home visiting / Berkshire VNA.
Family Services (con’t)

Partners for Community (NE Farm Workers Council) - www.partnersforcommunity.org
141 North St., Suite 106, Lower Level, Pittsfield..............................(413) 236-5890
Help in finding quality child care programs throughout Western Massachusetts and information on possible sources to help pay for it.

Teen to 23 Project - www.berkshرينursingfamilies.org/weekly-groups
Haskins School, 210 State St., North Adams....................................(413) 743-5338
For pregnant young families, we provide childbirth/breastfeeding education. Also provide peer support and parenting/breast-feeding support for young families with infants. Breast-feeding support group meets every Tuesday from 10:00am - 12:00pm.

Williamstown Community Preschool - www.williamstowncommunity.org
777 Main St., Williamstown.........................................................(413) 458-4476
Preschool for children aged 15 months - 5 years, after-school: K-6 at Williamstown Elementary School.

For more information and options for licensed child care in your area, please visit https://eeclead.force.com/EEC_ChildCareSearch and search by zip code, specific provider, route to work, or radius of the town where you reside.

Financial Support Services

Cents Ability @ BCAC - www.bcacin.org
85 Main St., N. Adams...............................................................(413) 663-3014
1531 East St., Pittsfield.........................................................(413) 445-4503
Money management workshops.

Berkshire Community Action Council (BCAC) - www.bcacin.org
85 Main St., N. Adams...............................................................(413) 663-3014

Dept. of Transitional Assistance - www.mass.gov/orgs/department-of-transitional-assistance
37 Main St., N. Adams...............................................................(413) 236-2000
Cash assistance: Families (TAFDC) & individuals (EAEDC).

Northern Berkshire Interfaith Action Initiative (NBIAI) Ministry Fund
45 Eagle Street, North Adams.....................................................(413) 664-0123
One-time emergency assistance such as food, transportation or shelter.

Our Lady of Charity Conference (St. Vincent DePaul Society)
St. Vincent DePaul Society, c/o St. Elizabeth of Hungary...............(413) 664-4835
One-time, short-term family assistance for needs not serviced by other agencies.

Food Access

For a complete listing of food pantries and meal sites, see food charts on page 4-7.

Berkshire North WIC (Women, Infants, and Children) - www.berkshirehealthsystems.org/wic
North Adams Campus of BMC, 71 Hospital Ave..............................(413) 663-3012
Healthy food for pregnant, postpartum and breastfeeding women and children up to 5.

Dept. of Transitional Assistance - www.mass.gov/orgs/department-of-transitional-assistance
37 Main St., N. Adams...............................................................(413) 236-2000
Supplemental Nutrition Assistance Program (SNAP), also known as food stamps, Healthy Incentive Program (HIP).

How to Apply for SNAP

BY MAIL OR FAX - Call DTA at 1-877-382-2363. Follow the phone prompts to have an application mailed to you. Mail application to: DTA Document Processing Center, P.O. Box 4406, Taunton, MA 02780-0420 or Fax to (617) 887-8765.

ONLINE - Visit dtaconnect.eohhs.mass.gov and click the APPLY SNAP button to get started.

IN PERSON - Visit the Dept. of Transitional Assistance (DTA Office) located at 160 North Street, Suite 201, Pittsfield.

BEFORE YOU APPLY, YOU WILL NEED: birth dates for everyone in the household, Social Security numbers for everyone in the household, household incomes and expenses.
Food Access (con’t)

Growing Healthy Garden Program
Learn to Grow organic vegetables, fruit, and herbs in various North Berkshire county community and school locations. Free for participants of all ages and abilities. Contact Program Manager at 413-663-8131 for more information.

Hoosac Harvest - www.hoosacharvest.org
A citizen-based organization that envisions a vibrant food system in which all members of the Northern Berkshire community participate and have access to locally grown, healthy and sustainably produced food. Offers subsidies for CSAs.

See their Facebook page for locations.
June-October Saturdays, 9:00am-1:00pm - November to May First Saturday of the month 9:00am-1:00pm Accepts SNAP/EBT, HIP, Cash, Credit/Debit, Checks, WIC and Senior Coupons. (SNAP match up to $15.00 per market.)

Public School Food Distribution Programs
Call school for details. School phone numbers are listed on pages 30-32.

Williamstown Farmers Market - www.williamstownfarmersmarket.org
Parking ot at the end of Spring St., Williamstown
Saturdays, 9:00am-1:00pm. May-October.

The Northern Berkshire Food Access Collaborative is a platform convened and facilitated by the nbCC’s Health and Wellness Coordinator to give space for collaboration among all people connected to the food system to share the assets and gaps to build a resilient and inclusive food system in north Berkshire. The Collaborative meets quarterly. Call nbCC at (413) 663-7588 for more information.

Gently Used Clothing & Household Items

Berkshire Helping Hands - www.facebook.com/groups/238613443703755
Online community group to assist in meeting needs of neighbors.

Goodwill Industries of the Berkshires and So. Vermont - www.goodwill-berkshires.com
Store: 166 State St., North Adams ......................................................(413) 749-8999
Provides support services for families and children in crisis/need of clothing and household items.

Health Care Services

Community Health Programs (CHP) - www.chpberkshires.org
Family Medical & Dental Center, 71 Hospital Ave., North Adams...........(413) 664-4088
Adams Internists, 19 Depot Street, Suite 1, Adams..............................(413) 743-1080
Provides primary health and dental care. Welcomes all patients and accepts most forms of insurance, including MassHealth. Sliding fee scale for eligible patients.

Ecu-Health Care - north.berkshirehealthsystems.org/community-health-wellness/ecu-health-care
99 Hospital Ave., N. Adams..............................................................(413) 663-8711
Health Care access: Help enrolling in health care & public insurance programs.

North Adams Campus of Berkshire Medical Center - north.berkshirehealthsystems.org
71 Hospital Ave. N. Adams..............................................................(413) 664-5000

The Nutrition Center - www.thenutritioncenter.org
42 Summer St., Suite 306, Pittsfield....................................................(413) 429-8110
Provides nutrition and cooking education services to everyone regardless of insurance or ability to pay. Inspires a healthy relationship with food through counseling, nutrition, and culinary education.

Southwestern Vermont Medical Center - www.svhealthcare.org
100 Hospital Ave, Bennington, VT ....................................................(802) 442-6361

UCP (United Cerebral Palsy) - www.ucpwma.org
535 Curran Highway ...............................................................(413) 442-1562 ext. 28
Durable Medical Equipment Loaner Program - wheelchairs, walkers, scooters, portable (temporary) ramps, canes, tub seats and other mobility devices are often available at no cost due to the generosity of others in the community who donate usable equipment.

Western MA Medical Reserve Corp. - wmmrc.org
Toll Free .................................................................(800) 237-3239, (800-BE-READY)
Health education for emergency preparedness, training to respond to community emergencies.
Health Care Services (Home Based)

Amedisys Home Health - www.amedisys.com
7 North St., Suite 300, Pittsfield.................................(413) 236-8500
Services include home health care, hospice support care, and personal care.

At Home TLC - www.athometlc.com
60 Roberts Drive, Suite 310, North Adams..........................(413) 664-0746
Services include home health care, hospice support care, personal care, companionship, errand services and VA services.

Berkshire VNA - www.berkshirehealthsystems.org/berkshirevna
99 Hospital Ave., N. Adams.................................................(413) 447-2862
Disease management, wound & ostomy care, pain & symptom management, infusion services, medication management & education, patient & caregiver education, joint replacement support, fall risk assessment & prevention.

Home Instead Senior Care - www.homeinstead.com
66 Wendell Ave, Pittsfield.................................................(413) 216-5455
Services include home health care, hospice support care, and companionship.

Hospice Care in the Berkshires - www.hcib.org
877 South Street, Pittsfield.................................................(413) 443-2994
Provides comfort and support to patients with a life-limiting illness, along with their families. Specializes in care that ensures dignity, peace and comfort.

Molari - www.molarinc.com
166 East St, Pittsfield.......................................................(413) 499-4546
Services include personal care, meal preparation, light housekeeping, shopping, chore work and companionship.

Heating & Energy Programs

Berkshire Community Action Council (BCAC) - www.bcacinc.org
85 Main St., N. Adams.......................................................(413) 663-3014
Toll Free.................................................................(866) 216-6200
LIHEAP/Fuel assistance. Call (413) 663-3014 for appt. Other questions, call (866) 216-6200.

Citizens Energy - Joe Oil - www.citizensenergy.com
Toll Free.................................................................(877) 563-4645
Offers assistance for oil and gas heat.

Eversource
Toll Free...........................................................................(800) 286-5844
For clients not behind on electric payments, New Start program.

MASS Energy Consumer Alliance - www.massenergy.org
Toll Free...........................................................................(800) 287-3950
Full service local oil dealers w/discount prices for home heating oil.

MassSave - www.masssave.com
Sponsored by National Grid & Berkshire Gas.............................(866) 527-7283
Free home energy assessments, 0% interest loans, incentives & rebates for energy efficiency measures.

National Grid AMP Program
Toll Free.............................................................................(866) 580-7617 or (888) 211-1313
Arrears Management Program (AMP) helps customers who qualify for fuel assistance to pay off their current balance.

The Salvation Army - www.magoodneighbor.org
393 River St., N. Adams.....................................................(413) 663-7987
The Good Neighbor Energy Fund.

Williams College Winter Blitz - sustainability.williams.edu
Community outreach weatherization program that gets students into nearby communities to help seal up houses to make them warmer and decrease winter energy costs.

Housing & Homelessness Services

Adams Housing Authority - www.ahaauthority.com
4 Columbia St., Adams.....................................................(413) 743-5924
Subsidized rental assistance based on income. Section 8 housing.

Barton’s Crossing (Shelter for Individuals, 18 yrs and older):
1307 North St., Pittsfield....................................................(413) 442-1445
On a first-come, first-served basis a person starts out ISB (immediate shelter bed). In at 4 p.m., out at 7:00 a.m., they repeat this process until there are openings in the house. They get meals, a bed, shower and laundry. When a regular bed opens, they gain intensive case management to end their homelessness.

Berkshire County Regional Housing Authority (BCRHA) - www.bcrha.com
1 Fenn St., 4th Floor, Pittsfield.............................................(413) 443-7138
Toll Free.................................................................(800) 248-9002
Housing services: legal help w/ housing and related issues, mediation/negotiation for landlord/tenant disputes, housing search.
Housing & Homelessness Services (con’t)

Berkshire Housing Development Corporation - www.berkshirehousing.com
1 Fenn St., Pittsfield .................................................................(413) 499-1630
Subsidized rental assistance based on income, section 8 housing, other housing support.

Louison House - www.louisonhouse.org
149 Church St. N. Adams and 395 Old Columbia St., Adams ................(413) 663-6323
Prevention, support, emergency intervention, and housing for the homeless, including shelter services.

North Adams Housing Authority - www.northadams-ma.gov
150 Ashland St., N. Adams ..........................................................(413) 663-5379
Subsidized rental assistance based on income. Section 8 housing.

Northern Berkshire Habitat for Humanity - www.northberkshirehabitat.org
P.O. Box 391, 61 Main St., N. Adams ..............................................(413) 664-4440
Affordable home ownership for low and moderate income families.

Our Friend’s House (Shelter for Families)
292 West Street, Pittsfield ...........................................................(413) 499-2877
A homeless family is first triaged through Berkshire County Regional Housing Authority to see if they qualify for Emergency Assistance. While this could lead to having to leave town, it also qualifies them for benefits they wouldn’t ordinarily receive. If not qualifying, they are added to OFH’s waitlist until an opening becomes available. Berkshire County Regional Housing Authority: (413) 443-7138.

Williamstown Housing Authority - www.williamstownha.com
35 Adams Rd., Williamstown .....................................................(413) 458-8282, (413) 458-5483
Subsidized rental assistance based on income. Section 8 housing.

Immigrant & Cultural Support Services

Berkshire Immigrant Center - www.berkshireic.com
67 East St., Pittsfield .................................................................(413) 445-4881
Support, information and referral for immigrants.

Multicultural BRIDGE - www.multiculturalbridge.org
17 Main Street, Lee, MA .............................................................(413) 394-4029
Provides workplace development and language classes, education, competency and diversity training, interpreting and translation, immigrant support services, and facilitated community conversations.

Information Services

1 Berkshire - www.1berkshire.com
66 Allen St., Pittsfield .................................................................(413) 499-1600
General area information, business support.

Citizen Information Service - www.sec.state.ma.us/cis
Toll Free .................................................................................(800) 392-6090
Massachusetts State Government information and referral.

Goodwill Industries of the Berkshires and So. Vermont - www.goodwill-berkshires.com
Store: 166 State St., North Adams ..............................................(413) 749-8999
Training Center: 158 Tyler St., Pittsfield ....................................(413) 442-0061
Goodwill acts as a referral agency for those in need of additional support services.

Massachusetts 211 - www.mass211.org
MA Local United Way .................................................. Dial 211 or Toll free (877) 211-6277
24/7 contact for referrals: Berkshires and statewide.

Nonprofit Center of the Berkshires - www.npcberkshires.org
40 Railroad Street, Suite 10 Great Barrington, MA 01230 ..............(413) 441-9542
Facilitating growth for charitable organizations through shared resources, affordable services, and creative collaborations.

North Adams Chamber of Commerce - www.explorenorthadams.com
P.O. Box 344, North Adams .....................................................(413) 441-4528
A membership organization that promotes and advances the economic, civic and social vibrancy of the North Adams community.

Some tenants mistakenly think they are covered by the landlord’s insurance policy for the building. The landlord’s insurance only protects the physical structure and any of the landlord’s possessions. If the tenant does not have renter’s insurance and there is damage to the property, the insurance for the building will not cover the tenant’s possessions. Every renter’s insurance policy is different, so it is important for the tenant to understand their specific policy, including the amount of coverage, as well as what acts and events are covered.
Information Services (con’t)

Northern Berkshire Community Coalition - www.nbccoalition.org
61 Main St., Suite 218, N. Adams ................................................................. (413) 663-7588
Referrals and information on area services, neighborhood, community & youth programs. See page 2 for more details.

Northern Berkshire United Way - www.nbunitedway.org
40 Main St., Box 955, N. Adams ................................................................. (413) 663-9062
Area agency support and information.

Office of Community Events - www.northadams-ma.gov
City Hall, 10 Main St. 2nd floor, N. Adams .................................................. (413) 662-6180
Area information/tourism, city events.

Public Libraries
Adams Free Library - www.adamslibraryma.org
92 Park St. ................................................................................................. (413) 743-8345
Cheshire Public Library - www.cheshire-ma.net/library
23 Depot St. ............................................................................................... (413) 743-4746
Clarksburg Town Library - www.clarksburgma.us/library
711 W. Cross Rd. ...................................................................................... (413) 664-6050
David & Joyce Milne Public Library - www.milnelibrary.org
1095 Main St., Williamstown ................................................................. (413) 458-5369
Florida Free Library
56 N. County Road .................................................................................. (413) 664-0153
North Adams Public Library - www.naplibrary.com
74 Church St. ............................................................................................ (413) 662-3133
Savoy Hollow Library
720 Main Road ........................................................................................ (413) 743-3759

Williamstown Chamber of Commerce - www.williamstownchamber.com
84 Spring Street, Williamstown .............................................................. (413) 458-9077
General area information & resource for businesses, residents & tourists.

Williamstown Community Chest - williamstowncommunitychest.org
84 Spring Street, Williamstown .............................................................. (413) 458-2443
Area agency support and information.

Legal & Consumer Services

Community Legal Aid - www.communitylegal.org
152 North St., Pittsfield ................................................................. (413) 499-1950
Free legal advice and representation, divorce clinics, workshops, domestic violence, tax preparation for low-income. Must call and complete intake for appointment.

Consumer Services Program @ BCRHA - www.bcrha.com
1 Fenn St., 4th Floor, Pittsfield ............................................................. (413) 344-4861
Consumer counseling/mediation for individuals with issues or complaints with for-profit businesses.

The Mediation Center @ BCRHA - www.bcrha.com
1 Fenn St., 4th Floor, Pittsfield ............................................................. (413) 443-7138, ext. 212
Offers free, voluntary and confidential conflict intervention services to help individuals, schools, neighbors, family, elders, businesses, and community organizations resolve conflicts with the support of an impartial, third party mediator.

Money Management International - www.moneymanagement.org
Toll Free ............................................................................................... (800) 282-6196
Consumer credit services.

Mental Health/Counseling

Mental Health Crisis ............................................................................ 911
Berkshire Crisis Team (operated by the Brien Center) 24/7 ................. (413) 499-0412

Berkshire Coalition for Suicide Prevention - www.berkshirecoalition.org
Suicide Prevention Lifeline - 24/7 ....................................................... (800) 273-8255 or (800) 273-TALK
Suicide Loss Support ............................................................................. (413) 441-6316

BMC Jones Psychiatric Care (short term)
Call the Berkshire Crisis Team (operated by the Brien Center) at (413) 499-0412 for intake or go directly to the emergency room.

Briencenter for Mental Health and Substance Abuse Services - www.briencenter.org
124 American Legion Drive, N. Adams ...................................................(413) 664-4541
Toll Free ............................................................................................... (800) 252-0227
Outpatient therapy and psychiatry; individual, family, and group treatment offered for mental health and addiction. Court-mandated treatment for first and second OUI offenders. Urgent access to medications for addiction (e.g. Suboxone). Adult Community Clinical Supports provide comprehensive services for individuals with severe and persistent mental health conditions. 24-hour crisis assessment and intervention services are also available. See page 40 under youth services.
Mental Health/Counseling (con’t)

Clinical Support Options (CSO) - www.csoinc.org
877 South St., Pittsfield ..............................................................(413) 236-5656
Support and counseling for families, individuals, and children in Berkshire County.
Outpatient services.

Counseling Center of the Berkshires - www.ccberkshires.com
34 Depot St., Pittsfield.................................................................(413) 499-4090
906 Main St., Williamstown.................................................(413) 499-4090
Counseling resources for individuals and families. All phones answered in Pittsfield.

NAMI Berkshire County (National Alliance on Mental Illness of Berkshire County) -
www.namibc.org
333 East St., Room 417, Pittsfield ..............................................(413) 443-1666
Support, education and advocacy provided to individuals, families and caregivers
whose lives are affected by mental illness. A resource library consisting of informational
pamphlets, books and literature are available. All services/programs are free. Eligibility: All

Western Mass Recovery Learning Center - www.westernmassrlc.org/pittsfield
150 North Street, Suite 28, Room 1, Pittsfield.................................(413) 464-9807

Call the Family Resource Center at the Northern Berkshire Community
Coalition at (413) 663-7588 for a list of north Berkshire private practitioners and
the insurance they accept.

Parks and Recreational Areas

Adams

Ashuwillticook Rail Trail - Adams to Lanesboro, 12 Miles
Biking, walking, roller skating

Hoosac Valley Elementary School Playground - 14 Commercial St.
Playground

Reid Field - Sparrow St.
Park, play structures

Renfrew Park - 46 Friend St.
Skate park, baseball field, basketball courts, soccer field and play structure

Russell Field - Prospect St.
Tennis courts, baseball field, play structure and bike racks

Greylock Glen - Gould Rd.
Hiking, biking, walking, bird watching, cross-country skiing

Clarksburg

Clarksburg State Park - 1199 Middle Rd.
Hiking, walking, swimming, camping, fishing

Clarksburg Elementary School - 777 West Cross Rd.
Playground

Florida

Abbott Memorial School - 56 N County Rd.
Playground

North Adams

Alcombright Athletic Field - Protection Ave.
Baseball, softball, T-Ball, soccer, etc.

Beaver Street Playground - Beaver St.
Neighborhood playground, basketball

Brayton Field Playground - Barbour St. near Brayton Elementary School
Softball, baseball, youth soccer, basketball, playground

The Cascades - Parking at YMCA
Hiking, walking

Colegrove Elementary School - East Main St.
Playground

Elderly Housing Recreation Area - 150 South Church St.
Passive recreation

Freeman Playground - Corner of Hospital Avenue and Eagle St.
Neighborhood playground, girl’s minor league softball, basketball

Greylock School Playground - Phelps Ave.
Neighborhood playground, Little League Baseball, basketball

Joe Wolfe Field - Noel Field Athletic Complex, State St.
Baseball, Home of the North Adams SteepleCats - Collegiate Baseball League

Noel Field Athletic Complex – State St.
Basketball with lighting, skatepark, splash pad, picnic, soccer, softball, walking tracks,
playground activities, sporting events, basketball, tennis, football, softball
Parks and Recreational Areas (con’t)

North Adams (con’t)

Joe Girardi Park - Ashton Ave.
Canoe launch site, hiking/walking trails

Johnson School Playground - Corner of Williams and Cady St.
Neighborhood playground, basketball

Kemp Park - Kemp Ave.
Neighborhood park and playground, basketball

Mt. Greylock State Reservation - 456 Notch Rd.
Hiking trails, walking, camping

Natural Bridge State Park - McAuley Rd.
Hike, walk, explore

Notch Reservoir - Reservoir Rd.
Hiking, nature observation

Peter W. Foote Vietnam Veterans Skating Rink - 1267 South Church St.
Ice skating, ice hockey

Ragged Mountain Reservation - Northeast Range of Mount Greylock
Hiking, hunting, snowmobiling, wildlife, cross-country skiing, nature observation

River Grove Park - Corner of River Street and Houghton St.
Walking track, playground, youth soccer, youth football, dog park

Houghton Street Playground - Corner of River Street and Houghton St.
Neighborhood playground

UNO Community Center and Park - 157 River St.
Basketball, bocce ball

Windsor Lake - Intersection of Bradley St. and Kemp Ave.
Picnic, swimming, hiking, boating, fishing, cross-country skiing, special events, playground, mountain biking, Camp Decker, Historic Valley Campground

Savoy

Savoy Mountain State Forest - 260 Central Shaft Rd.
Hiking, walking, camping

Savoy Elementary School - 26 Chapel Rd.
Playground

Williamstown

Broad Brook Playground - Harrison Ave.
Playground, basketball, picnic

Clark Art Institute - 225 South St.
Walk, run, snowshoe, hike

Field Farm Reservation - 554 Sloan Rd.
Hiking, walking, snowshoeing, running

Haley Farm Trail Head - 1033 Hopper Rd.
Hiking, walking

Hopkins Forest
Walk, hike, run, snowshoeing, cross-country ski

Linear Park - 24 Water St.
Playground, picnic, swimming, walking trails

Linear Park Trails - Woodland Dr.
Walking, hiking, running, snowshoeing

Margaret Lindley Park - 201 Cold Spring Rd.
Swimming, picnic, walking, hiking

Mount Hope Park - Green River Rd.
Walking, swimming, picnic, Follow the road through the park and uphill to find Hopper Road and trail heads for Mount Greylock

Mountain Meadow Preserve - Mason St.
Hiking, walking, snowshoeing, running

Pine Cobble Trail Head - Pine Cobble Rd.
Connects to the Appalachian Trail

Sheep Hill - 723 Cold Spring Rd.
Picnic, hiking, and bird watching, seasonal events

Spruces Park - 60 Main Street, Route 2
Walk, run, cross-country ski, snowshoe, dog park

Williamstown Elementary School - 115 Church St.
Playground
Pets

Berkshire Humane Society - www.berkshirehumane.org
214 Barker Rd., Pittsfield .......................................................... (413) 447-7878
Pet adoption, low-cost spay and neutering, family dog school, humane education. Pet Food Pantry at the Al Nelson Friendship Center Food Pantry in North Adams when available.

Eleanor Sonsini Animal Shelter - www.sonsinianimalshelter.org
875 Crane Ave., Pittsfield .......................................................... (413) 448-9800
Pet adoption, pet care, volunteer opportunities, pet fostering network.

Greylock Animal Hospital - www.greylockanimalhospital.com
1028 State Rd., N. Adams ........................................................... (413) 663-5365
Veterinary services.

North County Vet - www.northcountyvet.com
838 Curran Memorial Highway, N. Adams .................................. (413) 664-4570
Veterinary services.

Dog Parks - See pgs. 24-27, Parks & Rec. Areas. Check under each town for locations.

Pregnancy/Family Planning/Sexual Health

Healthy Steps
See page 33 under Substance Use Supports & Recovery for phone numbers and services.

New Direction Women’s Center - www.newdirectionpc.org
25 First St., Pittsfield ................................................................. (413) 347-8005
Available 24/7 ........................................................................... (800) 712-4357
24/7 Text Line ........................................................................... Text "helpline" to 313131
Offers a variety of free and confidential pregnancy help services and is a resource for women in unintended pregnancies. Services are provided in a safe and comfortable atmosphere with a compassionate and non-judgmental approach.

Tapestry Health - www.tapestryhealth.org
289 Church St., North Adams .................................................. (413) 443-2844
Birth control; pregnancy testing; Hep.C/HIV/STI testing; emergency contraception; family planning counseling; breast cancer screening; pap smears, pelvic exams; HPV vaccine. Call for an appointment.

Teen to 23 Project - www.berkshirenursingfamilies.org/weekly-groups
Haskins School, 210 State St., North Adams ............................. (413) 743-5338
For pregnant young families, we provide childbirth/breastfeeding education on Thursdays from 11am to 1pm. Also provide peer support and parenting/breastfeeding support for young families with infants. Breastfeeding support group meets every Tuesday from 10:00am - 12:00pm.

Police

Emergencies ................................................................................. 911
State Police, Route 8, Cheshire ................................................ (413) 743-4700

Adams - www.adamspolice.com
4 School St. ............................................................................. business: (413) 743-1212

Cheshire - www.cheshire-ma.net/police-department
150 Meadowview Dr. ............................................................... (413) 743-1501

Clarksburg - www.clarksburgma.us/police-department
11 River Rd. ........................................................................... (413) 663-7940, ext. 2

North Adams - www.northadams-ma.gov
11 Summer St. ......................................................................... (413) 664-4944

Savoy
720 Main Road ....................................................................... (413) 743-0364

Shelburne Falls State Police - www.mass.gov/locations/state-police-shelburne-falls-barracks
289 Mohawk Trail, Shelburne Falls ....................................... (413) 625-6311

Williamstown
825 Simonds Road ................................................................... (413) 458-5733

Protective & Hotline Services

Berkshire Crisis Team
Operated by the Brien Center 24/7 ............................................. (413) 499-0412

Department of Children & Families (DCF) -
www.mass.gov/orgs/massachusetts-department-of-children-families
53 Eagle St., Pittsfield .............................................................. (413) 236-1800
Toll Free .................................................................................. (800) 922-5022
HOTLINE after 5:00 pm .......................................................... (800) 792-5200
Protection for children who have been abused or neglected in a family setting.

Elder Abuse Hotline - www.mass.gov/reporting-elder-abuse-neglect
HOTLINE .............................................................................. (800) 922-2275
Assist and support for elders w/physical, verbal, financial exploitation or neglect.
Protective & Hotline Services (con’t)

Elizabeth Freeman Center - www.elizabethfreemancenter.org
61 Main St., Suite 202, N. Adams...............................(413) 663-7459
Adams Police Department (counselor’s cell phone)...............................(413) 347-0117
HOTLINE 24/7 Confidential Toll Free ..............................................(866) 401-2425
Domestic violence and sexual assault services for adults and children, including safe
shelter, court advocacy, counseling, support groups and trainings.

National Suicide Hotline - www.suicidepreventionlifeline.org
HOTLINE ..............................................................................(800) 273-8255 (800-273-TALK)

Parent Stress Hotline - www.parentshelpingparents.org/parental-stress-line
HOTLINE ..............................................................................(800) 632-8188
Help for parents with stress or in crisis.

Poison Control - www.webpoisoncontrol.org
HOTLINE ..............................................................................(800) 222-1222

Schools & Education

BArT - Berkshire Arts & Technology - www.bartcharter.org
One Commercial Place, Adams..............................(413) 743-7311
Public, tuition-free charter school for middle and high school students in Northern Berkshire.

Berkshire County Head Start - www.berkhs.org
See details on page 12 under Family Services.

Division of Graduate and Continuing Education @ MCLA - www.mcla.edu
375 Church St., N. Adams.................................................(413) 662-5575
Bachelor’s degree completion programs, adult evening classes at MCLA and online,
professional development for teachers, summer courses, and summer camps for kids.

Hoosac Valley Regional School District - www.hoosacvalley.org
125 Savoy Rd., Cheshire.................................(413) 743-2939
School District Superintendent’s Office.

Hoosac Valley Elementary - www.hoosacvalley.org/hves
14 Commercial St., Adams.................................(413) 743-0976
Grades K - 3, after-school educational programs.

Hoosac Valley Middle and High School - www.hoosacvalley.org/hvms
125 Savoy Road, Cheshire.................................(413) 743-5200
Grades 4 - 12 (Adams, Cheshire, Savoy).

McCann Technical School - www.mccanntech.org
70 Hodges Crossroads, N. Adams.................................(413) 663-5383
Technical high school, Northern Berkshire District. Grades 9 - 12, & Superintendent’s office.

Mount Greylock Regional School District - www.wlschools.org
Williamstown.................................(413) 458-9582 ext. 4000
School District Superintendent’s Office.

Mt. Greylock Regional High School - www.wlschools.org/page.cfm?p=513
1781 Cold Spring Road, Williamstown.................................(413) 458-9582
Regional middle & high school, grades 7-12 (Lanesboro, Hancock, New Ashford &
Williamstown) & Superintendent’s Office.

Williamstown Elementary - www.wlschools.org/page.cfm?p=512
115 Church St., Williamstown.................................(413) 458-5707
Grades pre-K - 6.

North Adams Public Schools (NAPS) - www.napsk12.org
37 Main St., N. Adams.................................(413) 662-3225
School District Superintendent’s & Central Office. All student enrollments are through the
Central Office.

Brayton Elementary - bes.napsk12.org
20 Brayton Hill Terrace, N. Adams.................................(413) 662-3260
Grades: Pre-K, K-6, after-school program.

Colegrove Park Elementary - ses.napsk12.org
East Main St., North Adams.................................(413) 663-3250
Grades K - 6.

Drury High School - dhs.napsk12.org
1130 S. Church St., N. Adams.................................(413) 662-3240
Grades 7-12 (N. Adams, Florida, Clarksburg, Monroe, Stamford, Readsboro).

Greylock Elementary - ges.napsk12.org
100 Phelps Ave., N. Adams.................................(413) 662-3255
Grades K-6, after-school programs.

E-3 Academy - www.napsk12.org
The Armory, 206 Ashland St., North Adams.................................(413) 776-1669
N. Adams alternative high school - (a program of Drury High School)

Northern Berkshire Adult Basic Education Program - www.mcla.edu/abe
For more information, email ..............................................R.Bouquet@mcla.edu
Basic skills, HSET test preparation, College & Career readiness and ESL Classes.
Northern Berkshire School Union - www.nbsunion.com
98 Church St., N. Adams ..............................................................(413) 664-9292
School District Superintendent’s Office for Florida, Savoy, Clarksburg, Monroe & Rowe
grade schools.

Clarksburg Elementary - www.clarksburgschool.org
777 W. Cross Road, Clarksburg ...................................................(413) 663-8735
Grades pre-K - 5 for Clarksburg students.

Gabriel Abbott Memorial - www.abbottmemorial.org
56 N. County Rd., Florida ..........................................................(413) 664-6023
Grades pre-K - 8 for Florida students.

Emma L. Miller Elementary - www.savoyelementary.com
26 Chapel Road, Savoy ..............................................................(413) 743-1992
Grades pre-K - 5 for Savoy students.

Rowe Elementary - www.roweschool.org
86 Pond Rd., Rowe .................................................................(413) 512-5100
Grades pre-K - 5 for Rowe students.

Pine Cobble School - www.pinecobble.org
163 Gale Road, Williamstown ...................................................(413) 458-4680
Co-educational, private school, grades pre-K - 9.

St. Stanislaus Kostka School - www.ststansadams.org
108 Summer St., Adams .........................................................(413) 743-1091
Catholic, private school, grades pre-K - 8.

Substance Use Supports & Recovery

Support Services and Help Lines

Al-Anon (for family members) - www.berkshirealanon.org
Toll Free ......................................................................................(888) 425-2666
Support for family and friends of individuals who misuse alcohol or other substances.

Alcoholics Anonymous (AA) - www.westernmassaa.org
Hotline/Main/Intergroup ............................................................(413) 532-2111
Spanish speaking ..........................................................................(413) 409-2201
A fellowship of people who share their experience, strength and hope with each other, that
they may solve their common problem, and help others to recover from alcoholism.

Beacon Recovery Community Center, a program of nbCC -
Hosted at The Green, 85 Main St., North Adams .................................................(413) 663-7588
Peer support to those seeking recovery from addiction. Offers nondenominational support
groups, connections to networks and opportunities to socialize. Free and open to all.

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org
124 American Legion Dr., North Adams, MA ..............................(413) 664-4511
24-hour Crisis Line .........................................................................(800) 252-0227
Outpatient therapy and psychiatry; individual, family, and group addiction treatment.
Court-mandated treatment for first and second OUI offenders. Urgent access to
medications for addiction (e.g. Suboxone). 24-hour crisis assessment and intervention
services are also available. Addiction prevention and treatment services for youth offered
at Drury High School, community and clinic settings.

Celebrate Recovery - www.firstbaptistnorthandams.org
131 Main St., N. Adams ...................................................................(413) 663-3780
A Christian-based 12-step program. Call for hours.

First Steps Together - www.mass.gov/info-details/about-first-steps-together
Center for Human Development, 141 North St., Ste. 307, Pittsfield ..........(413) 372-9830
A home visiting program which includes peer coaching and parenting support programs
for moms recovering from opioid dependence. Recovery and parenting group referrals
for physical and mental health care and substance use treatment, and connections to
community-based services.

George B. Crane Memorial Center - www.thegbcmc.org
81 Linden Street, Pittsfield .........................................................(413) 464-7066; (413) 281-7407
AA, NA. Refuge recovery, and other recovery support programs.

Healthy Steps - www.berkshirehealthsystems.org/healthysteps
510 North St., Pittsfield ..............................................................(413) 447-2654
Free and confidential services include STD, HIV, and hepatitis C testing and treatment;
Syringe Service program; overdose education and Naloxone distribution; HIV case
management; designated sharps disposal site; free condoms; referrals for health insurance,
PCP and other community resources.

Institute for Health and Recovery - www.healthrecovery.org
Toll Free ......................................................................................(866) 705-2807
Facilitate referrals to family residential substance use treatment programs and sober living
programs around the state. Can refer pregnant/postpartum individuals; individuals/families
with children in their care; individuals/families with children out of their care but with the
goal of reunifying in a program.
Substance Use Supports & Recovery (con’t)

Support Services and Help Lines (con’t)

Josh Bressette Commit to Save a Life - www.commit2savealife.org
For information .........................................................(802) 440-6221
Financial assistance for recovery.

Learn to Cope (for family members) - www.Learn2Cope.org
BMC Cancer Center/HEAL Community Room, 165 Tor Ct, Pittsfield .....(508) 738-5148
Support Group Meetings, Tuesdays 7:00-8:30 p.m.

Living in Recovery - www.thegbcmc.org
81 Linden St, Pittsfield ...................................................(413) 270-3681
Community recovery center to aid local recovery community including family members, friends and supports.

Nar-Anon (for family members) - www.naranonctma.org
For information ...........................................................(413) 442-8922

Narcotics Anonymous (NA) - www.berkshireana.com
Help Line .................................................................(413) 443-4377

Substance Abuse Helpline - www.helplinema.org
Toll-Free.................................................................(800) 327-5050

Tapestry Health - www.tapestryhealth.org/north-adams
6 West Main St., N. Adams ...........................................(413) 398-5603
New needles/syringes; referrals; testing for HIV/AIDS, Hep C and STIs; safer drug use and harm reduction counseling; overdose prevention education; naloxone training & distribution; safer sex supplies, safe injection supplies; wound/vein care.

Detox Centers

Adcare Hospital - www.adcare.com/programs/adcare-hospital
107 Lincoln St., Worcester, MA 01605...............................800-252-6465 or (508) 799-9000
Round-trip transportation provided.

Berkshire Medical Center, McGee Unit - www.berkshirehealthsystems.org/mcgee
725 North St., Pittsfield ...............................................(413) 442-1400 or (413) 445-9228
Detoxification, stabilization and rehabilitation services.

Clinical Stabilization Services (CSS) Unit @ BMC
725 North St., Pittsfield ...................................................(413) 447-2927
Detoxification, stabilization and rehabilitation services.

Northern Hope Center/Franklin Recovery Center
298 Federal St. (Rt. 5), Greenfield...............................(413) 733-1423 or (413) 737-2439

Swift River - www.swiftriver.com
151 South Street, Cummington, MA ............................(844) 906-0978, (888) 910-1164
Providing 30 day residential care for those who are suffering from alcohol or substance abuse issues. Dual diagnosis facility specializing in DBT and CBT therapy. Art, music and adventure therapy. Detox center, 15-month online aftercare program with a life coach.

Outpatient Programs

Adcare Outpatient Services - www.adcare.com
117 Park Ave., W. Springfield, MA 01089 .......................(413) 209-3124

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org
333 East St. #227, Pittsfield, MA .................................(413) 499-0412
124 American Legion Dr., North Adams, MA ..................(413) 664-4541
Crisis Line ...............................................................(800) 252-0227 (24-hr)
60 Cottage St., Great Barrington, MA .........................(413) 528-9156
Intensive Outpatient Program (“Day Treatment”), individual, family and group treatment, medication for addiction (e.g. Suboxone). Court-mandated treatment for first and second OUI offenders. Addiction prevention and treatment services for youth offered in schools, community and clinic settings. 24-hr. crisis services.

Medication Assisted Treatment

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org
See above for address and phone numbers under Outpatient Programs.

Urgent access to medications for addiction, including buprenorphine (Suboxone, Sublocade) and naltrexone (Vivitrol). Bridge services to ensure uninterrupted addiction treatment for individuals experiencing homelessness, incarceration, or who were recently started on buprenorphine in an emergency department.

Clean Slate - www.cleanslatecenters.com
53 Eagle St., Pittsfield ...............................................(413) 347-4088
Outpatient addiction treatment center includes addiction medication-assisted support program and rehabilitation for drug addictions like opioids and alcohol. Accepts Medicare, Medicaid and commercial insurance.

Right Choice Health Group - www.rightchoicehealthgroup.com
152 North St. Suite #250, Pittsfield ................................(413) 344-0170
Substance Use Supports & Recovery (con't)

Medication Assisted Treatment (con’t)

SaVida Health - www.savidah Heath.com
77 Hospital Ave, Suite 104, North Adams..............................................(413) 398-5180
42 Summer St., Pittsfield.................................................................(413) 236-9100

Opioid and alcohol addiction treatment including FDA-approved medications combined with therapeutic recovery services. Individualized treatment plan includes counseling and case management services.

Spectrum Health Systems - www.spectrumhealthsystems.org
1274 Curran Highway, North Adams.........................................................(413) 664-9024

Addiction treatment services including inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support.

Residential Long-Term Treatment/Recovery Housing

Alternative Living Center - www.alternativelivingcenters.com
206 1st St., Pittsfield..............................................................(413) 446-6311

Privately operated sober housing, structured living and advanced recovery home.

Keenan House North - www.briencenter.org
42-44 Arnold Place, North Adams.........................................................(413) 662-2480

A 16-bed, co-ed residential recovery home for people in early recovery from addiction whose co-occurring mental health conditions require clinical support.

Keenan House for Men, @ The Brien Center - www.briencenter.org
202 Bradford St., Pittsfield.................................................................(413) 499-2756

A 24 bed residential recovery home for people in early recovery from addiction.

Keenan House for Women, @ The Brien Center - www.briencenter.org
121-123 Seymour St., Pittsfield...........................................................(413) 997-0067

A 17 bed residential recovery home for people in early recovery from addiction. Enhanced case management for pregnant and postpartum women and their infants.

Safe Harbor - www.briencenter.org
Pittsfield.................................................................(413) 499-1456

A permanent housing reunification program for families impacted by substance use.

Supportive Housing - www.briencenter.org
Pittsfield.................................................................(413) 344-1637

A safe, affordable and sober environment designed to reduce the chances of relapse and promote adaptive living skills (min. 90 days in recovery).

Substance Use Support- Tobacco

Berkshire AHEC’s Tobacco-Free Community Partnership - www.berkshireahec.org
395 Main St., Dalton.................................................................(413) 842-5160
MA Quit Now Smoking Hotline..............................................................(800) 784-8669

Free resources and support for coalitions, agencies, municipalities and workplaces on strategies to address tobacco issues and promote tobacco-free living.

Transportation

Angel Flight East - www.angelflighteast.org
1501 Narcissa Road, Blue Bell, PA.........................................................(215) 358-1900

Free coordinated flights for passengers who are ambulatory, sufficiently stable, and who have conditions including, but not limited to chemotherapy, clinical trials, burn treatment, chronic congenital conditions or rare diseases, immune conditions that prevent flying on commercial airlines, or other medical issues that need to be addressed far from home.

Berkshire Regional Transit Authority (BRTA) - www.berkshirebta.com
1 Columbus Ave., Pittsfield..............................................................(413) 499-2782, (800) 292-2782

Transportation for the Berkshire region. Buses, non-emergency medical transportation. Mass Health patients need permission from doctor.

County Ambulance - www.countyamb.com
175-185 Wahconah St. Pittsfield...........................................................(413) 499-2527

In partnership with BMC, offering free transportation to residents of North Berkshire to BMC.

CRT Inc. Cabulance - www.CRTcabulance.com
16 Oak St., Pittsfield.................................................................(413) 447-3800

Provides ambulatory and wheelchair transportation services for clients attending dialysis, medical appointments, and more. ADA compliant.

Local Councils on Aging
Refer to pages 9 - 11 for phone numbers.

Local medical transportation only.

Northern Berkshire Community Coalition Bike Collective - www.nbccoalition.org
Currently hosted at the North Adams Armory........................................(413) 663-7588

A space to convene and build community around bicycles. Bicycles for sale or to earn. Northern Berkshire residents can bring their bikes for basic fixes or maintenance. The bike collective will take bikes and bike part donations.
Transportation (con’t)

RJ Taxi Service
429 Curran Highway, North Adams ............................................................. (413) 346-4907
Provides cab service to passengers throughout Northern Berkshire County. Open 24 hours, 7 days a week. Offers local and long distance transportation.

Village Ambulance Service - www.villageambulance.com/_mgxroot
30 Water Street, Williamstown ................................................................. (413) 458-4889
Provides non-emergency medical transportation, including trips to and from doctors’ offices, to and from dialysis and radiation centers, and other non-emergency situations that require a high degree of patient care.

Ride hailing services may be available. Download the Uber or Lyft apps to check availability.

Veterans Services

American Red Cross - www.redcross.org
Springfield, MA 01104 ............................................................................ (413) 737-4306, ext. 1929
Call Center ......................................................................................... (877) 272-7337
Service to Armed Forces (SAF) outreach services provides information and referrals, local resources, and family follow-ups. Call center provides emergency communication, financial assistance and veteran services.

Office of Veteran Services
City Hall, 10 Main St., N. Adams ............................................................. (413) 662-3040
Town Hall, 8 Park St., Adams ................................................................. (413) 743-8300 ext. 125
31 North St., Williamstown ................................................................. (413) 458-4106
Services, advocacy and support for veterans.

Soldier On - www.wesoldieron.org
360 West Housatonic St., Pittsfield ........................................................ (413) 236-5644
425 N. Main St., Leeds, MA ................................................................. (413) 582-3059
Shelter, treatment, employment services for veterans of U.S. military service.

Vermont Veterans’ Home - www.vvh.vermont.gov
325 North St., Bennington, VT ............................................................... (802) 442-6353
Residential and health care campus for veterans.

Veterans Outpatient Clinic - www.centralwesternmass.va.gov/locations/pittsfield.asp
73 Eagle St., Pittsfield ......................................................................... (413) 499-2672
Primary & mental health services for veterans only.

Veterans Western Massachusetts Call Center
Telephone Care .................................................................................. (800) 893-1522
Veterans appointments and health care questions.

Veterans Crisis Line
Toll Free .............................................................................................. (800) 273-8255 (800) 273-TALK

Volunteers

Berkshire Non-Profits - www.berkshirenonprofits.com
Online portal connecting volunteers to non-profit opportunities and vice versa.

Center for Learning in Action (CLIA) - https://learning-in-action.williams.edu
Main St., Williamstown ................................................................. (413) 597-4588
Contact to access volunteers or interns.

Community Outreach & Civic Engagement Training @ nbcc
61 Main St., Suite 218, N. Adams ........................................................ (413) 663-7588
This training offers information on the different social services and the assets of the communities we live in. Participants expand their understanding of being an effective community/neighborhood leader through networking, sharing resource information with the public, and being a role model of community pride and involvement.

Volunteer Center at MCLA - http://www.mcla.edu/Student_Life/serviceleadership/center-for-service/index
MCLA, 375 Church St., N. Adams ........................................................ (413) 662-5251
Contact to access volunteers or interns.

Youth Services

Berkshire Family YMCA - www.bfymca.org/locations/northern-berkshire-branch
22 Brickyard Ct., N. Adams ................................................................. (413) 663-6529
Mentoring and recreational programs for youth.
Youth Services (con’t)

The Brien Center for Mental Health & Substance Services - www.briencenter.org
124 American Legion Dr., N. Adams........................................................(413) 664-4541
24-hr. crisis line.........................................................................................(800) 252-0227
Services include: Outpatient & in-home therapy, intensive care coordination, family
support & training, in-home behavioral therapy & therapeutic mentoring available for
youth & caregiver’s mental health needs. The Continuum, home-based and residential
services for youth. Assessment, intervention and treatment to adolescents with substance
issues. Addiction prevention and early intervention offered in local schools.

Playwright Mentoring Program (PMP) -
www.barringtonstageco.org/education-bsc/playwright-mentoring-project
Barrington Stage..........................................................(413) 239-4767
Theater program for young people age 13-19. Create original theater based on life experience.

ROOTS Teen Center - www.rootsteencenter.com
43 Eagle Street, N. Adams..........................................................(413) 663-0033
A safe and inclusive drop-in center for Northern Berkshire youth ages 13-22.

Salvation Army: Bridging the Gap - www.salvationarmyma.org/northadams
393 River St., N. Adams..........................................................(413) 663-7987
Life skills training program for court referred teens 11-17.

Williamstown Youth Center, Inc. - www.williamstownyouthcenter.org
66 School St., Williamstown..........................................................(413) 458-5925
Social, recreational and educational programs - after-school, summer - small fee.

Youth Center, Inc. - www.youthcenterinc.com
191 Church St., Cheshire ..........................................................(413) 743-3550
Social, recreational and educational programs and drop-in after-school, summer.

Youth Activities/Clubs/Sports

Visit nbCC’s website at www.nbccoalition.org to see a complete list of youth activities,
clubs, and sports.

Additional Area Resources

The Green - www.thegreenNAMA.com
85 Main St., Suite 105, North Adams .............................................thegreenNAMA@gmail.com
Community shared space for programs, gatherings and events that enhance community
life. Email for information on capacity and fees.

NBCTC: Northern Berkshire Community Television - www.nbctc.org
69 Union St. N. Adams.................................................................(413) 663-9006
Local coverage of community events, issues, and programs.

Northern Berkshire Community Coalition - www.nbccoalition.org
61 Main St., Suite 218, N. Adams .................................................................(413) 663-7588
Information, connection, and referrals to local organizations, resources, and services.
Convenes community members and stakeholders to discuss relevant local issues via
monthly forums, workgroups, and taskforces.

Salvation Army - massachusetts.salvationarmy.org/MA/NorthAdams
393 River St., N. Adams.................................................................(413) 663-7588
Provides community with faith based support, food access, and other supports.

UNO Community Center, a program of nbCC- www.facebook.com/UNOCommCenter
157 River St., North Adams (801) 663-7123
Community meeting and event space. Available for private rentals.

WilliNet: Community Television for Williamstown - www.willinet.org
34 Spring St., Williamstown .............................................................(413) 884-3309
Local coverage of community events, issues, and programs.
Emergency Numbers

For Fire, Police or Ambulance from anywhere in Massachusetts................. Dial 911
Massachusetts State Police.......................................................... (413) 743-4700
National Suicide Prevention Lifeline ............................................. (800) 273-8255
Poison Control Center.................................................................. (800) 222-1222

Quick Reference Numbers

For food [See page 4-7 for food pantries and meal sites]:
   In Adams, Pope John Paul Charity Center, (413) 743-0577
   In North Adams, The Friendship Center Food Pantry, (413) 664-0123
   In North Adams, St. Vincent DePaul Society, (413) 664-4835
   In Williamstown, Sts. Patrick and Raphael Parish, (413) 458-4956

Mass 211 - 24/7 Emergency, Community Information, Referral Services:
   Dial 211 or visit www.mass211.org

To report elder abuse [24 hr. hotline]: (800) 922-2275

To report child abuse [24 hr. hotline]: (800) 792-5200

For help with homelessness: Louison House, (413) 663-6323, ext. 4 [line staffed 24 hrs.]

For domestic & relationship violence support:
   Elizabeth Freeman Center [24-hr. hotline]: (866) 401-2425

For mental health care & substance abuse crisis support:
   Brien Center [24-hr. hotline]: (413) 499-0412

For general information to help get started:
   Northern Berkshire Community Coalition: (413) 663-7588

Northern Berkshire Community Coalition
61 Main Street, Suite 218
North Adams, MA 01247
(413) 663-7588

The Northern Berkshire Community Coalition is a member agency of: